

express

www.expressnightout.com

**EYELID
MICROSURGERY**
Comfortable & Quick Recovery
Guaranteed Financing • Local Anesthesia
Down 0 Interest 100% Financing & Payment Plans Available

Before **After**

Before **After**

vita
SURGICAL GROUP
www.vitasurgical.com
202.452.1332
24th and I St.,
(Foggy Bottom Metro)
703.533.1025
Tyson's Corner
703.465.0666
Alexandria
301.738.6766
Bethesda
410.730.7226
Columbia/
Baltimore

Monday

MARCH 15, 2010 | A PUBLICATION OF The Washington Post | NEWS, ENTERTAINMENT, ARTS, LIFESTYLES | FREE DAILY



STRAINED RELATIONS
Netanyahu issues an apology to the U.S. for Biden's ruined visit **6**

UNLIKELY SOURCE
Pentagon shooter's gun was once property of a Tenn. police force **3**

A TALIBAN 'WARNING'
Militants say their latest attacks show they're ready to fight **8**

am

51 | 38

pm

FOR EXTENDED FORECAST, SEE PAGE 33

MADNESS!

2010 NCAA TOURNAMENT
Who's in, who's out — and why this beloved tourney may never look the same. Plus, the men's bracket. 17-19

JOHN McDONNELL/THE WASHINGTON POST



EYE OPENERS

Football Widow Could Have Been Actual Widow

A Wisconsin man whose love of the Green Bay Packers helped save his life has been voted into the team's Fan Hall of Fame. With 11 kids and a wife, Jim Becker, now 79, had to sell his blood to afford season tickets. A doctor later found that Becker's father died at 43 of a condition in which the blood retains too much iron. The only treatment: to remove the iron by giving blood. (AP)

“Common sense would tell you that running around a stadium dressed as a bomber has the potential to end very badly.”

— JUDITH COLLINS, NEW ZEALAND POLICE MINISTER, ON A STUNT IN WHICH FAKE TERRORISTS WEARING FAKE BOMBS RAN AROUND DURING A CROWDED RUGBY GAME.

Dear Cultists: Please Stick With Kool-Aid



Devotees of a Miami man who claims to practice a traditional African religion say they were sickened when they drank the mucus of a giant African snail. Authorities in January raided Charles Stewart's home after receiving complaints. The giant African snail is prohibited in the U.S. without special approval. Followers said they got violently ill, losing weight and developing strange lumps in their stomachs. (AP)

The Big Picture



WHITE WHALES perform a synchronized swimming routine with their trainers during a show at the Hakkeijima Sea Paradise aquarium-amusement park in Yokohama, Japan, Sunday. In addition to dancing whales, the Paradise features more than 100,000 sea creatures, plus a roller coaster and a merry-go-round. (EXPRESS)

The MA in Political Communication

JOINT DEGREE PROGRAM
SCHOOL OF COMMUNICATION AND SCHOOL OF PUBLIC AFFAIRS

- ★ Hone speechwriting skills.
- ★ Conduct political polling.
- ★ Advance campaign events.
- ★ Sharpen advocacy communication.
- ★ Understand journalists.
- ★ Reach voters and influence decision-makers.
- ★ Experience the power of political communication in guiding political change.



Information sessions monthly.
Visit american.edu/policomm.

POLITICS IS COMMUNICATION



Taught by leaders in their fields, this degree blends theory and practice to give you the necessary tools to launch or advance a career in political communication.

Shootings in Va., Nev. Share Link

Guns in both attacks were once property of Tenn. police force

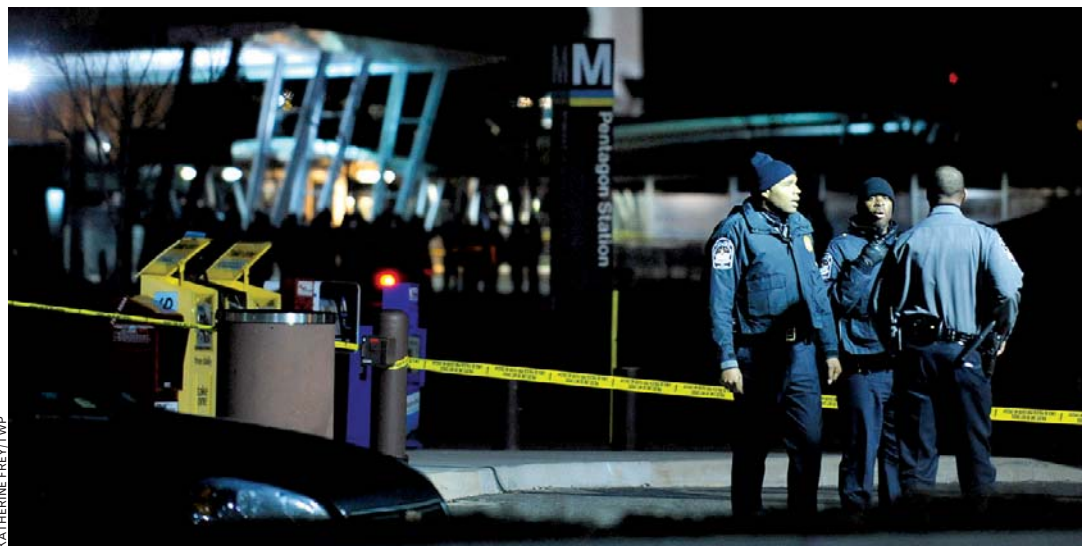
Washington

Two guns used in high-profile shootings this year at the Pentagon and a Las Vegas courthouse both came from the same unlikely place: the police and court system of Memphis, Tenn.

Law enforcement officials told The Associated Press that both guns were once seized in criminal cases in Memphis.

The use of guns that once were in police custody and were later involved in attacks on police officers highlights a little-known divide in gun policy in the United States: Many cities and states destroy guns gathered in criminal probes, but others sell or trade the weapons in order to get other guns or buy equipment.

In fact, on the day of the Pentagon shooting, March 4, the Tennessee governor signed legislation revising state law on confiscated guns. Before, law enforcement



Law enforcement officials huddle outside the Pentagon Metro stop on March 4 after a gunman opened fire, injuring two officers.

agencies in the state had the option of destroying a gun. Under the new version, agencies can destroy a gun only if it's inoperable or unsafe.

John Timoney, who led the Philadelphia and Miami police departments and served as New York City's No. 2 police official, said he doesn't think police departments should be putting more guns into the market.

"I just think it's unseemly for

police departments to be selling guns that later turn up," he said.

A spokeswoman for the Memphis police said gun swaps are a way to save taxpayer money.

One of the weapons in the Pentagon attack was seized by Memphis police in 2005 and later traded to a gun dealer; the gun used in the Jan. 4 courthouse shooting in Las Vegas was sold by a judge's order and the proceeds given to

the Memphis-area sheriff's office. Neither weapon was sold by the Memphis law enforcement agencies directly to the men who later used them to shoot officers.

In both cases, the weapons first went to licensed gun dealers but later came into the hands of men who were legally barred from possessing them: one a convicted felon; the other mentally ill.

DEVLIN BARRETT (AP)

SIDE EFFECTS

Stock market slides may hurt more than just your savings; new research suggests they might prompt heart attacks. Duke University researchers found a link between how a key stock index performed and how many heart attacks were treated at their hospital shortly after the recession began in late 2007. Earlier studies have found higher rates of heart problems after World Cup soccer matches, earthquakes, hurricanes and other stressful events. (AP)

Spring Allergies?

Spring Has Sprung.

Allergies are more than a runny nose and watery eyes. Cold-like symptoms, poor performance at work or school, headaches and fatigue may be caused by allergies.

Our allergists have the latest medicines, testing and treatment programs to help you feel better quickly, safely and easily all without those painful scratch tests.

Please accept our invitation to visit us and make an appointment today.

Allergy Care Centers
Care for All Seasons

800.287.2829
MyAllergyCare.com

Ballston • Chantilly • Gaithersburg/North Potomac • Laurel • Manassas
Springfield • Sterling • Vienna • Wheaton Plaza • White Flint



A utility truck drives through a flooded street on Sunday in Greenburgh, N.Y.

Northeast Dries Out After Blitz Of Intense Rain

Egg Harbor, N.J.

Last month, the Northeast was smothered by blizzards. Now, it's waterlogged by torrential rains.

The region mopped up Sunday after a bout with high wind and heavy rains that uprooted trees, downed power lines and flooded some creeks and rivers. Five people died in storm-related accidents, and hundreds of thousands were without electricity.

More than a half-million customers in Pennsylvania, New Jersey, New York and Connecticut lost electricity at the peak of Saturday's storm, which carried wind gusts of up to 70 mph. It came about two weeks after heavy snow and hurricane-force winds left more than a million customers in the Northeast in the dark. (AP)

LASER HAIR & SPIDER VEIN REMOVAL
Upper Lip or Chin Laser Hair removal \$45
Under Arms Laser Hair removal \$125
Bikini Line Laser Hair removal • \$125 Lower Legs \$295
Back Laser Hair removal \$695
Neck Laser Hair removal \$195 **Up to 30% off on packages**
Call for our Winter Special! Light Sheer Diode Laser
0 Down, 0 Interest, 100% Financing
Guaranteed Financing with Down Payment
202.452.1332 24th and I St., Foggy Bottom Metro
703.533.1025 Tyson's Corner
703.465.0666 Alexandria
301.738.6766 Bethesda
www.vitasurgical.com 410.730.7226 Columbia/Baltimore **vita**

Adapt you.
"Personal Tech" can give you cool and useful tools. **Mondays.**
express
XX170 1x1

Train to be a MEDICAL ASSISTANT
Financial Aid if you qualify
Job Placement Assistance
DC MD VA Campuses
AM, PM, Weekend Classes
Call Now!
1(888)626-1155
CTO SCHEV Programs & Schedules may vary by campus
Sanz since 1939

RENDEZ VOUS Travel
NEW LOW PRICES!
BEST SAVINGS!!
Business class tkt from Washington-Paris \$2,000.00 R/T
Addis Ababa.....\$1,040.00
Amman.....\$815.00
Beirut.....\$995.00
Cairo.....\$745.00
Casablanca.....\$818.00
Damascus.....\$1,060.00
Jeddah.....\$990.00
Nairobi.....\$1,100.00
Tunis.....\$820.00
Accra.....\$925.00
Abidjan.....\$1,165.00
Dakar.....\$980.00
Lagos.....\$925.00
Guatemala.....\$325.00
Bogota.....\$385.00
Bolivia.....\$635.00
Lima.....\$380.00
Quito.....\$400.00
Based on round trip. Prices subject to change. Taxes not included
1800 k St. NW #B108 Washington, DC 20006
Tel: (202) 659-1919
5881 Leesburg Pike #100 Falls Church, VA 22041
Tel: (703) 931-6000

GEORGE MASON UNIVERSITY The Volgenau School of Information Technology and Engineering
TECHadvance
Learn Grow Advance
PROFESSIONAL DEVELOPMENT PROGRAMS
INFORMATION TECHNOLOGY
Security+ Mar. 28
Oracle 11g Database Administration Apr. 12
Web Design and Developer Apr. 20
CISSP Apr. 26
Sun Certified Java Programmer Apr. 27
Certified Hacking Forensic Investigator May 1
Information Technology Foundations May 1
(A+/Network+/MCP/CCNA/Security+)
MCITP: Windows Server 2008 May 8
and more...
NEW MEDICAL TECHNOLOGY
Medical Office Administration Apr. 17
For complete outline and schedule, visit our website at volgenau.gmu.edu/techadvance
Arlington, Herndon, and Loudoun
703-993-1551
advance@gmu.edu

Nation

Gibbs: 'This Is the Week'

Obama spokesman predicts House will pass health care bill

Washington

Even as a House Democratic leader admitted that Democrats are still lacking votes, White House press secretary Robert Gibbs proclaimed Sunday on CBS' "Face the Nation" that "this is the week" that the House will pass the Senate's health-care reform bill and send it to President Obama's desk for his signature.

House Majority Whip James Clyburn, D-S.C., cautioned on NBC's "Meet the Press" that "as of this morning" House Democrats don't have the votes to pass the Senate bill, but he is "very confident



CHARLES DHRAPAK/AP

White House spokesman Robert Gibbs pressed the House to act on health care.

that we will get this done."

Gibbs said the president is talking to Senate leaders to make sure the upper chamber will take up and pass a reconciliation bill to modify the Senate legislation in order to

satisfy the concerns of Democratic House members. He also said the "special deals" that the president found objectionable, such as Nebraska's exemption from paying its share of the proposed Medicaid expansion, "are indeed out of" the reconciliation bill.

Sen. Lamar Alexander, R-Tenn., also appearing on "Face the Nation," called the Democratic plan to pass health-care reform through budget reconciliation "the most brazen act of political arrogance that I can remember since the Watergate era." He pledged that Republican senators will "certainly offer a large number of amendments" and "go sentence by sentence through this 3,000-page bill to make sure rules are followed" during the reconciliation process.

MATT DELONG (THE WASHINGTON POST)

Anxious and Depressed?
Consider participation in a research study
1-877-MIND-NIH
(1-877-646-3644)
email: moodresearch@mail.nih.gov
(TTY: 1-866-411-1010)
<http://patientinfo.nimh.nih.gov>
www.clinicaltrials.gov
Participants should:
♦ Be ages 18-65
♦ Be diagnosed with major depression and have anxiety symptoms.
♦ Be able to participate in a 12 week-outpatient study including an inpatient stay of 4 days in Bethesda, MD.
In addition, all research participation is without cost.
♦ Monetary compensation for procedures.
♦ Transportation reimbursement provided.
Attendemos pacientes de habla hispana.
This study evaluates the effectiveness and safety of the study drug AZD2327, in the treatment of major depression and anxiety symptoms. This drug has a different mechanism of action from commonly used SSRI's (selective serotonin reuptake inhibitors) for anxiety and depression. *There is the chance of receiving placebo in this study.*
After study completion, NIMH will provide short-term follow-up care, and then you will return to the care of your own provider.
The National Institute of Mental Health NIMH
The National Institutes of Health, Department of Health & Human Services
National Institute of Mental Health
Protocol # 08-M-0196

Social Security IOUs Come Due

Fund will pay out more than it collects beginning this year

Parkersburg, W.Va.

The retirement nest egg of an entire generation is stashed away in this small town along the Ohio River: \$2.5 trillion in IOUs from the federal government, payable to the Social Security Administration.

It's time to start cashing them in.

For more than two decades, Social Security collected more money in payroll taxes than it

paid out in benefits. This year, for the first time since the 1980s, the retirement program is projected to pay out more in benefits than it collects in taxes — nearly \$29 billion more.

Sounds like a good time to start tapping the nest egg. Too bad the federal government already spent that money over the years on other programs, preferring to borrow from Social Security rather than foreign creditors.

In return, the Treasury Department issued IOUs in the form of Treasury bonds. Now the government will have to borrow even more money to start paying back the IOUs, and the



Social Security checks are printed at a U.S. Treasury facility in Philadelphia.

DENNIS BRACK/BLOOMBERG

timing couldn't be worse. The government is projected to post a record \$1.5 trillion budget deficit this year.

Social Security's shortfall will not affect current benefits. As long as the IOUs last, benefits will keep flowing. But experts say it is a warning sign that the program's finances are deteriorating. Social Security is projected to drain its trust funds by 2037.

"This is not just a wake-up call; this is it. We're here," said Mary Johnson, a policy analyst with The Senior Citizens League. "We are not going to be able to put it off anymore." STEPHEN OHLEMACHER (AP)

TREATMENTS



Many Americans with leaky heart valves soon might be able to get them fixed without open-heart surgery. A study shows that a tiny clip, above, implanted through an artery was nearly as effective as surgery, doctors reported Sunday. The device is already on sale in Europe, and its maker hopes to win approval to sell it in the U.S. next year. (AP)

PRE-SPRING SAVINGS-BREATHE CLEAN AIR!

AIR DUCT CLEANING

Only \$79⁹⁵
REG. \$165

Includes: 10 Vents, 1 Main & 1 Return

Add'l. vents, returns & mains priced separately. Vents \$10, Returns \$15, Mains \$50 ea. Multiple systems will vary. Offer ends 3/29/10.

CRAWL SPACE & BASEMENT MOLD REMEDIATION

Get 20% OFF
Our written estimate with this ad

Clean Flood Damages
Mold Remediation
Install Vapor Barrier
Insulation Removal
Offer ends 3/29/10



We Will Work With Any Insurance Company



WE ALSO OFFER:

- UV Light Air Purifiers
- Mold Removal & Sanitizer
- Maintenance Programs
- Outside Condenser Cleaning
- Dryer Vent Cleaning
- Electrostatic Filters With Lifetime Warranty
- Workmanship Guaranteed

CARPET CLEANING



WE ALSO OFFER:

- Two Step Corrective cleaning for Heavily Soiled Carpets
- Stairs
- Pet Odor Removal
- Sanitizer
- Dupont Teflon (1 yr. warranty)
- Oriental Rug Cleaning

Only \$12⁹⁵
PER ROOM

Maintenance cleaning for lightly soiled carpets. Any size room. 2 room minimum. Offer ends 3/29/10.

FREE Hallway With 5 Rooms
Only \$64⁷⁵

Maintenance cleaning for lightly soiled carpets. Any size room. Offer ends 3/29/10.

UPHOLSTERY CLEANING

Includes: Steam Cleaning, Deodorizer & Mild Detergent

CHAIR \$19⁹⁵ LOVESEAT \$29⁹⁵ SOFA \$39⁹⁵

Ask about our other services. Dry clean only. Fabrics priced separately. Sectionals priced separately. Offer ends 3/29/10.

CALL TODAY
CLEAN TODAY



FORTIS CLEANING & RESTORATION SERVICES

Licensed, Insured & Bonded For Your Protection. Let Our Experience And Knowledge Work For You & Your Family

MARYLAND

410-290-8010

WASHINGTON, D.C.

202-393-3900

VIRGINIA

703-276-7600

TOLL FREE

1-866-955-1521

OPEN: MON-FRI 7:00AM - 8:00PM, SAT & SUN 8:00AM - 4:00PM for your convenience.

WE SERVICE DC METRO, THE WHOLE state of MARYLAND, NORTHERN VIRGINIA, THE WHOLE state of DELAWARE.

033

10% OFF
SENIOR CITIZEN
AND
GOVERNMENT
WORKERS
DISCOUNT

Netanyahu Apologizes For Gaffe

Jerusalem

Israel's prime minister expressed regret Sunday for a crisis with the United States over plans to expand a Jewish neighborhood in east Jerusalem, even as American officials played down the apology.

Israel's already strained relationship with the U.S. hit a new low last week when the Jewish state announced plans during a visit by Vice President Joe Biden to build 1,600 homes for Israelis in east Jerusalem, which Palestinians claim as their capital.

The news embarrassed Biden and cast a shadow over U.S.-mediated peace talks. A day after Biden left, Secretary of State Hillary Clinton called Netanyahu and vented frustration for 43 minutes.

In his first public comments on the matter, Israeli Prime Minister Benjamin Netanyahu told his Cabinet Sunday that he was sorry about the fiasco. "There was a regrettable incident that was done in all innocence and was hurtful, and which certainly should not have occurred," he said. At the same time, he gave no sign he would scrap the settlement plan. JOSEF FEDERMAN (AP)

Mexico: U.S. Couple Fatally Shot

Consulate employee, husband are killed in drug-plagued city

Ciudad Juarez, Mexico

Three people with ties to the American consulate were killed in a drug-plagued Mexican city, including a U.S. couple shot to death with in sight of the border with their baby in their backseat, officials said Sunday.

President Obama expressed outrage over the killings, and Mexican

President Felipe Calderon promised a swift investigation.

Several U.S. citizens have been killed in Mexico's drug war, most of them people with family ties to Mexico. However, it is rare for U.S. government employees to be targeted.

The three died during a particularly bloody weekend in Mexico, with nearly 50 people killed in apparent drug-gang violence.

The U.S. consulate employee and her husband were shot to death Saturday in their car near the Santa Fe International bridge linking

Meanwhile ...

The State Department on Sunday authorized the temporary departure of dependents of U.S. personnel in the consulates of northern Mexico, including in Tijuana, Nogales, Ciudad Juarez, Nuevo Laredo, Monterrey, and Matamoros — not just because of the incident in Juarez, but because of violence mounting along the border. The U.S. had already discouraged Americans from traveling to places in Mexico plagued by drug violence.

(CHRISTIAN SCIENCE MONITOR)

Ciudad Juarez with El Paso, Texas, said Vladimir Tuexi, a spokesman for the Chihuahua state prosecutors' office. Their baby was found unharmed in the backseat.

Killed were consular employee Lesley A. Enriquez, 35, and her husband, Arthur H. Redelfs, 34, according to Robert Cason, Redelfs' stepfather.

The White House said the husband of a Mexican citizen employee was also killed Saturday, apparently in a separate shooting. Mexican authorities had no information on that slaying. OLIVIA TORRES (AP)

Thais Launch Anti-Government Protest



SARACHALAI/AP

BUDDHIST MONKS JOIN a protest march against Thailand's government in Bangkok on Sunday. Up to 100,000 people demonstrated peacefully in the capital to demand that Prime Minister Abhisit Vejjajiva call new elections.

Iraqi PM Leads Poll in Partial Tally

Baghdad

Prime Minister Nouri al-Maliki edged ahead Sunday in a tight race in the country's parliamentary elections after partial results from all of Iraq's 18 provinces showed his bloc leading in seven — two more than his chief rival.

The early tally strengthens al-Maliki's chances of retaining the prime minister's post.

According to the partial count from Iraq's 18 provinces released by the country's electoral commission, al-Maliki's State of Law coalition leads in seven provinces.

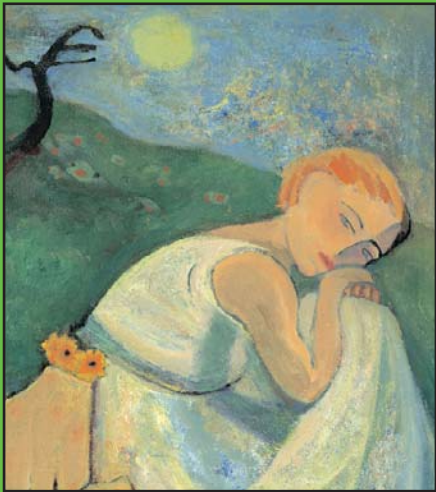
His closest challenger, the secular Iraqiya bloc led by former Prime Minister Ayad Allawi, leads in five provinces, while Shi-



Al-Maliki

ite Iraqi National Alliance and the main Kurdish coalition each lead in three.

The results were based on partial vote counts released over the past three days, with the percentage of polling stations counted in each province ranging from 10 to 67 percent. (AP)



Artwork by Donna Bunick

PREMENSTRUAL RESEARCH STUDIES | NIH CLINICAL CENTER, BETHESDA, MARYLAND

Premenstrual Syndrome

Women ages 18 - 50 who struggle with irritability, anxiety, or sadness prior to menstruation are invited to participate in outpatient research studies. There is no cost for participation. Compensation may be provided.

Please call us and help yourself while helping others.

301-496-9576

TTY: 1-866-411-1010

patientinfo.nimh.nih.gov

Women's Health | Premenstrual Syndrome

NATIONAL INSTITUTE OF MENTAL HEALTH

NATIONAL INSTITUTES OF HEALTH | DEPARTMENT OF HEALTH & HUMAN SERVICES

WWW.CLINICALTRIALS.GOV

Protocol No. 81-M-0126

NIMH
National Institute
of Mental Health



BEHIND THESE GREAT WALLS You'll Join the Company of Great Minds

GEORGETOWN UNIVERSITY'S MCDONOUGH SCHOOL OF BUSINESS offers master's degree programs in business and leadership that match your schedule—daytime, evening, or weekends.

Join Us for an Afternoon Information Session Tuesday, March 16, 2010 | 12:00 p.m.

Renaissance Washington, DC Dupont Circle Hotel
1143 New Hampshire Avenue, NW
Washington, DC 20037
(Near the Dupont Circle & Foggy Bottom Metro lines)

To RSVP, visit
GeorgetownMeansBusiness.com/MBALunch

GEORGETOWN
UNIVERSITY

McDonough
SCHOOL *of* BUSINESS

MBA EVENING PROGRAM

Earn an MBA on your schedule. Take a seat next to fellow students, whose backgrounds and experience will enrich every class.

GEORGETOWN CAMPUS GLOBAL EXECUTIVE MBA

One of the top 12 Executive MBA programs; designed to give professionals the tools to compete in today's global economy.

GEORGETOWN-ESADE GLOBAL EXECUTIVE MBA

Takes the study of global management beyond the classroom through a series of intensive modules around the world.

EXECUTIVE MASTER'S IN LEADERSHIP

The only master's degree in leadership offered by a major business school.

Georgetown Means Business

WEIGHT LOSS WITH A DEGREE OF DIFFERENCE. A MEDICAL DEGREE.

Lose 21 Pounds in 4 Weeks.*

There's no more effective way to lose weight than with a physician directed program. Only a medical doctor can customize a plan based on your unique metabolism, hormonal disorders, medication and other physical weight loss issues. Find out why thousands are turning to The Center for Medical Weight Loss for fast, safe, affordable, weight loss. Call to be connected with the center nearest you.



the center for medical weight loss®

800-MD-B-THIN www.mdbethin.com

(800-632-8446)



\$19 INITIAL CONSULTATION**

LIMITED TIME OFFER

Washington D.C., College Park, Silver Spring

*Based on a stratified sample of 94 men over a six-year period. **At participating centers

expressnightout.com

XX072 2x-5

World

A 'Warning' in Kandahar

Taliban say attacks show they're ready to battle NATO troops

Kandahar, Afghanistan

The Taliban on Sunday called their deadly bomb attacks on the southern Afghan city of Kandahar a warning to NATO's top general that the insurgents were ready for the war's next major offensive in their heartland.

The series of bombings that demolished buildings and killed dozens — including 10 people at a wedding — prompted the provincial governor to plead for more security in the area. Fearful residents said they had no confidence that either government or foreign troops can protect them.

Taliban spokesman Qari Yousef Ahmadi said the Saturday night attacks proved the insurgents were still able to operate despite the buildup of Afghan and international troops in preparation for a push into Kandahar province.

A Taliban-linked Web site called



JOHN MOORE/GETTY IMAGES

U.S. soldiers return fire after militants attacked on Sunday in Kandahar, Afghanistan.

the attacks a "warning" to NATO's Gen. Stanley McChrystal, who has said coalition forces will target Kandahar later this year after driving the insurgents from a stronghold in neighboring Helmand province.

"Gen. McChrystal has said that soon they will start their operations, and now we have already started our operations," Ahmadi told The Associated Press in a telephone interview. "With all the preparations they have taken, still they are not able to stop us."

However, Ministry of Interior spokesman Zemer Bashary said the attacks failed to achieve their main objective, which was apparently to repeat the success of a 2008 suicide bombing at the prison gates that freed hundreds of criminals and suspected insurgents. Canadian troops had recently reinforced the lockup with cement block.

The multiple explosions killed at least 35 people, according to the Ministry of Interior. KAY JOHNSON AND NOOR KHAN (AP)

Give Yourself a Beautiful Smile for 2010!

New Year Specials. 10% OFF w/ this ad.

**\$500 Off
Invisalign
or Braces**

**\$300 Off
Crowns or
Veneers**

**\$500 Off
Implants**

FREE WHITENING FOR LIFE!

invisalign

**LUMINEERS®
BY CERINATE®**

Dr. Kumra, DDS • Dr. Lee, DDS

**ROSSLYN
DENTAL CENTER**

703-807-0808

1800 N. Kent St. #100
Arlington, VA 22209

www.rosslyndentalcenter.com



**EYE STREET
DENTAL CENTER**

202-223-3536

1712 Eye St. #812
Washington, DC 20006

www.eyestreetdentalcenter.com



World

Nepal Seeks New Niche

Country hopes to be a tourism destination for same-sex couples

Kathmandu, Nepal

Nepal wants to paint Mount Everest pink.

It wants gay honeymooners trekking through the Himalayas.

It wants to host the world's highest same-sex wedding at Everest base camp.

But mainly, the conservative Hindu nation wants a chunk of the multibillion-dollar gay tourist market to help pull it out of poverty.

That quest — brushing aside historical biases in pursuit of economic opportunity — is symbolic of one of the gay rights movement's most stunning successes.

Just five years ago, police were beating gays and transsexuals in the streets. Now, the issue of gay rights is almost passe here.

Nepal has an openly gay parliamentarian, it is issuing "third gender" identity cards, and it appears set to enshrine gay rights — and possibly even same-sex marriage



GEMUNU AMARASINGHE/AP

Transgender peer educators embrace during a meeting in Kathmandu, Nepal.

— in a new constitution.

"[It] is not an issue anymore, for anybody," said Vishnu Adhikari, a 21-year-old lesbian. "Society has basically accepted us."

That acceptance has become a major marketing opportunity for a country cursed by poverty but blessed with majestic beauty.

Tourism is one of the main drivers of Nepal's economy, worth about \$350 million last year, and government officials are determined to double tourism to 1 million visitors next year.



Path to Equality

After a civil war between the government and Maoist insurgents a few years ago — during which homosexuals and transgender individuals were marginalized — Nepal's centuries-old monarchy was abolished. In 2007, the Supreme Court ordered the government to draw up new laws to protect gay rights, which will be incorporated into the document expected to be ratified later this year. (AP)

They hope gay tourists will be far more lucrative than the backpackers who travel on shoestring budgets.

"They do have a lot of income. ... they are high-spending consumers," said Aditya Baral, spokesman for the Nepal Tourism Board. "If they behave well, if they have money, we don't discriminate." RAVI NESSMAN (AP)

We are looking for volunteers with overactive bladder (OAB) to complete a research study

The research study will involve three study visits to our Bethesda office and will require you to complete a 3-day bladder diary three times over the course of 4 weeks. No medication is included in this study.

Participants may receive up to \$250 for their time.

For more information about this study, please call United BioSource Corporation at 1-877-954-4252 and ask for study 9036.



Serious. Passionate. Professional.

THE WORLD IS FULL OF UNTOLD STORIES

Weekend Graduate programs in:

- producing for film and video
- public communication
- interactive journalism
- political communication*

* new weekday program

Attend our **INFORMATION SESSION** on **Tuesday, March 23** at 6:30 p.m. at American University.

RSVP to:
gradcomm@american.edu
or 202-885-2040.

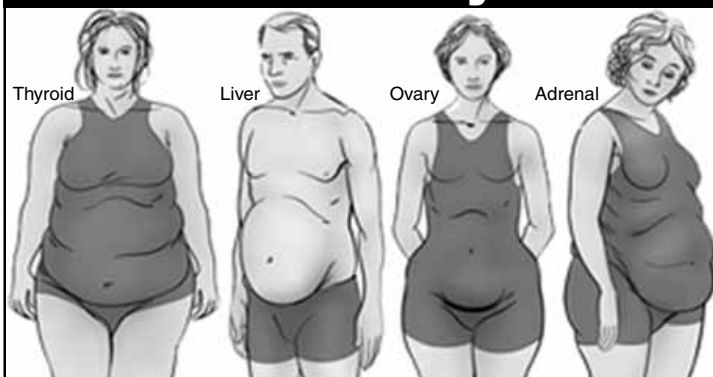
www.soc.american.edu/express



EO/AA

36K The amount, in dollars, that a British company is willing to pay a "professional couch potato," Telegraph.co.uk reported Sunday. Proactol Ltd. wants to hire someone who would eat 400 extra calories in high-fat meals per day to test a weight-loss product. (EXPRESS)

Rid Your Belly Fat!



New Breakthrough in Losing Belly Fat!

FREE Seminar Call 703-354-7336 Seminar Speaker: Dr. Eric Berg DC

Go to www.DrBergWorkshop.com

Train to be a
MEDICAL ASSISTANT

Sanz
since 1939

Financial Aid If You Qualify
Job Placement Assistance
Days, Eve and Weekends

Convenient Locations in DC MD VA
1(888)626-1155
Certified in VA by SCHEV



Frank Sanya
Short Sale Specialist
RE/MAX
2000, REALTORS
Each office independently owned & operated.
(301) 881-1700 (O)

Sell Your House for Less Than You Owe!

Are you worried about making your mortgage payment?
Are you already a month or two behind?
Do you have to sell your house but owe more than it is worth?

CALL ME TODAY AND LEARN HOW YOU CAN:

- Sell your house for less than you owe, and get the lender to release you from any further liability.
- Limit the amount of bad marks on your credit.
- Live in your home **PAYMENT-FREE** until it sells!

CALL ME NOW: (301) 656-1222/(703) 893-0505
or **VISIT: www.LenderRelease.com**

LIPOSUCTION

WINTER SPECIAL ENDS SOON!

Before After **vita**

202.452.1332 DC 240.4.138. Pigeon Point, MD • 301.738.6766 MD • 703.533.1025 VA • www.vitasurgical.com

Drive you.

"Cars" can put you in the right wheels.

Wednesdays.

express

XX170 Txt

Concerts, movies, events, restaurants and more.

express
nightout
expressnightout.com

XX072 2x2

PENN CAMERA

Value * Selection * Expertise

SAVE \$100!

LAST CHANCE LIMITED QUANTITIES

OLYMPUS®

E-P1

Small size, big image quality!
Not a Point & Shoot.
Not an SLR...It's a PEN.

Interchangeable lenses, In-body Image Stabilization, stainless steel construction, amazing still image quality and HD Video combine for the ultimate in creative freedom.

\$699.99
after \$100 instant rebate.
Regular price \$799.99 with 14-42mm lens. Exp3/31/10

Available at: **PENN CAMERA**



OLYMPUS DIGITAL 14-42mm 1:3.5-5.6

M.ZUIKO DIGITAL 14-42mm 1:3.5-5.6

12.3 MP HD VIDEO MODE MULTIPLE EXPOSURE

WASHINGTON, DC
840 E Street, NW, 202-347-5777
1015 18th Street, NW, 202-785-7366

Olympus cameras have an Olympus USA One Year Limited Warranty. Not responsible for typographical errors.

MARYLAND
LAUREL Laurel Shopping Center, 301-497-0001
PIKESVILLE Festival at Woodholme, 410-486-9810
ROCKVILLE Federal Plaza, 301-231-7366

VIRGINIA
FAIRFAX Fair Lakes Center, 703-222-5690
SPRINGFIELD Springfield Commons, 703-924-2425
TYSONS CORNER Marshalls Tysons Sq, 703-893-7366

A Bailout for Your Electricity Bill

States to promote efficient appliances with trade-in rebates

Personal Finance

About three dozen states will soon offer you a rebate of as much as \$250 if you trade in your clunky old clothes washer, refrigerator or water heater for a more efficient model. Besides the money back, you'll welcome the savings on your electric bill.

Here is a primer on the program.

WHEN: Nearly three dozen states will roll out appliance rebate programs over the next two and a half months, according to the Department of Energy. You can find the schedule for your area at energysavers.gov/financial/70022.html.

WHY: The Obama administration is trying to stimulate economic activity while also encouraging consumers to be more efficient in their energy use. Under the fed-



PAUL SAKUMA/AP

eral stimulus act, the government has allocated \$300 million to the states and seven U.S. territories for appliance rebates.

WHAT: Eligible trade-ins will vary by state. In California, for instance, the program will give rebates for three types of appliances: clothes washers (\$100), refrigerators (\$75) and air conditioners (\$50). You

must purchase an Energy Star-qualified appliance. An Energy Star clothes washer, for example, uses about 30 percent less energy and more than 50 percent less water than a regular washer.

HOW: Generally, people are required to contact the state agency running the program through a Web site or a telephone number

to reserve their rebate before they buy an appliance. The amount of time allotted to submit your proof of purchase varies by state, so check the program's Web site.

The program will last as long as the states and territories have money to support it. For instance, Iowa's program was so well-received that it exhausted its funding of \$2.8 million for about 9,000 rebates in six hours on March 1.

HOW MUCH: Amounts could range from \$50 to \$250, depending upon the product being purchased, the purchase price and "other market factors," the DOE says. Unfortunately, you can't get a rebate retroactively for that energy-efficient appliance you bought before your state's program went into effect.

The DOE says replacing a clothes washer made before 2000 with a new Energy Star model can save \$135 per year in water and electricity costs; replacing a refrigerator made before 1993 with a new Energy Star one can lower your electric bill \$65 per year.

MARK WILLIAMS (AP)

DISCUSSIONS

Weddings

Spring has sprung and so have the wedding invitations. Here are a few ways to cope if a crystal sugar bowl or a setting of designer china just isn't in your budget.

Get Focused.

Keep your goal in mind. You are giving someone a gift to celebrate their marriage, not attach a price tag to your relationship with them. So, buy what you can afford, with their taste in mind.

Add a Personal Touch.

Find a way to incorporate the couple's tastes and hobbies into a gift. For people who enjoy art, consider a museum membership or a subscription to an art magazine. Or consider donating in the couple's names to a charity that supports a passion of theirs.

Be Resourceful.

A group of friends or relatives could pitch in for one significant item. If you want to avoid shelling out any cash and you participate in a credit card reward program, use those points to buy a gift. (AP)

If you can find a better deal, **take it.**

4.0% RATE

4.006% APR

Jumbo & Conforming—Same Rate

PenFed.org/DCMortgage
800.970.7766 ~ Se habla español.

5/5 ARM

Adjusts only once every 5 years

- We pay most lender's fees*
- No Origination Fee
- For purchases & refinancing





Key Executive Leadership MPA

Ranked 6th in the nation.
- U.S. News & World Report

Learn

- In a cohort of accomplished professionals
- from top scholar-practitioners
- In one weekend a month over two-years

Join us for an Information Session

Wednesday, March 17
Noon

The National Academy of Public Administration
900 7th St. NW, Suite 600 • Washington, DC
Red Line: Gallery Place-Chinatown metro stop
Lunch served.



NASPAA
ACCREDITED
The Commission on Peer Review & Accreditation

Apply today for the
Fall 2010 Cohort!

For more information or to RSVP contact:
202-885-3857 or spagrad@american.edu.
spa.american.edu/key



SCHOOL of PUBLIC AFFAIRS
AMERICAN UNIVERSITY • WASHINGTON, D.C.

75 Years

co/aa

WeekendPass makes the weekend noteworthy.
Every Thursday in Express.

X73a 2x5

Local

Bat Mishandling Alleged

Group says National Zoo is responsible for deaths in bat colony

Washington

The idea was for the National Zoo to establish a captive colony of endangered Virginia big-eared bats, to shield them from a deadly epidemic and ensure that there would be survivors should the wild population be destroyed.

But five months after the project began, most of the bats in the colony are dead, and a consultant hired by the zoo said it mishandled the animals and disregarded advice she gave that might have saved them.

“Mishandling of the bats resulted in broken fingers, soiled fur, skin infections ... bruised legs ... anorexia, capture myopathy and death,” the consultant, Missy Singleton, wrote in a December report.

Zoo scientists said there have been bruises, eating problems and fatal skin infections among the bats



CRAIG W. STIEHLER/WVDR

Experts say there are only about 15,000 Virginia big-eared bats in existence.

— caused, essentially, by captivity, not by mishandling.

The zoo admitted that the effort has been distressing. Officials said that the surviving 10 — of the original 40 — may also die.

The controversy is being played out against the backdrop of the so-called “white-nose syndrome,” a fungus that has killed more than a million bats of various kinds

in recent years throughout the Northeast.

On Monday, the watchdog group Public Employees for Environmental Responsibility blamed the situation on the zoo’s “ignorance and incompetence,” and asked the U.S. Fish and Wildlife Service to revoke the zoo’s permit for the colony and transfer the surviving bats elsewhere.

Diana Weaver, a spokeswoman for the wildlife service’s northeast region, said in an e-mail Thursday that the agency is investigating.

“All information we have received from the Smithsonian so far leads us to believe they are doing everything they can to care for the remaining bats,” she wrote.

Bats are major consumers of mosquitoes and other pests, and any threat to them is worrisome, experts said. The wildlife service has said there are only about 15,000 Virginia big-eared bats in existence and if the disease strikes them, “this bat subspecies could likely become extinct.”

MICHAEL E. RUANE (THE WASHINGTON POST)

The Lotteries

Sunday, March 14

Virginia	
Mid-day Pick 3	9-3-9
Mid-day Pick 4	4-2-9-7
Mid-day Cash 5	6-7-12-17-33

District

Mid-day Lucky Numbers	1-7-8
Mid-day DC 4	5-0-2-1
D.C. Five (Sun.)	3-2-2-9-7

All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.

Maryland

Mid-day Pick 3	7-3-1
Mid-day Pick 4	1-2-4-4



automobile dealers

more cars on the net



@washingtonpost.com



LUSTINE DODGE
WOODBRIDGE, VA
14211 JEFFERSON DAVIS HWY. LUSTINEONLINE.COM
1-800-879-4701



SHEEHY HONDA
ALEXANDRIA, VA
7434 RICHMOND HWY
703-660-0100
WWW.SHEEHYHONDA.COM



LEXUS OF SILVER SPRING
SILVER SPRING, MD
2505 PROSPERITY TER. LEXUSOF SILVERSPRING.COM
1-800-266-4874



355 TOYOTA/SCION
ROCKVILLE, MD
15625 FREDERICK ROAD
301-309-3917
WWW.DARCARS.COM



KOONS TYSONS TOYOTA
VIENNA, VA
8610 LEESBURG PIKE
1-888-505-1137
WWW.KOONS.COM



CASTLE FORD
SILVER SPRING, MD
3111 AUTOMOBILE BLVD
1-866-369-9999
WWW.TRYCRYSTAL.COM



BROWN'S MANASSAS HYUNDAI
MANASSAS, VA
8651 CENTREVILLE ROAD
703-361-9600
MANASSASHYUNDAI.COM



DARCARS NISSAN
ROCKVILLE, MD
15911 INDIANOLA DRIVE
301-309-2200
WWW.DARCARS.COM



355 TOYOTA
ROCKVILLE, MD
15625 FREDERICK ROAD
301-309-3917
WWW.DARCARS.COM



DARCARS 355 VOLVO
ROCKVILLE, MD
15401 FREDERICK ROAD
301-309-3900
WWW.DARCARS.COM



OURISMAN WORLD OF FORD
ALEXANDRIA, VA
6129 RICHMOND HIGHWAY
703-660-9000
OURISMANFORD.COM



DARCARS NISSAN
ROCKVILLE, MD
15911 INDIANOLA DRIVE
301-309-2200
WWW.DARCARS.COM



KAY JENNINGS SPRINGFIELD TOYOTA
SPRINGFIELD, VA
6570 AMHERST AVE.
703-451-0300
SPRINGFIELDTOYOTA.COM

Local

A Pearl of D.C. History

Group hopes boat will help educate public on slave escape attempt

Washington

The Pearl Coalition, which hopes to educate people about a 160-year-old D.C. story — the largest recorded slave escape attempt in American history — thinks it has found the perfect learning tool: a schooner the same size as the slaves' original getaway boat.

The only problem: The vessel is stuck in El Salvador awaiting \$300,000 in repairs before it can sail to its new home in the District.

"The story of the Pearl is classic. It is the American dream at its best," said David Smith, executive director of the coalition, a team of D.C. movers and shakers, historians and educators. "It is something to be proud of."

On April 15, 1848, more than 70 slaves from Maryland, the District and Virginia gathered at the Seventh Street pier in Southeast Washington and boarded the Pearl, hoping it could take them to freedom. Stormy weather left them stalled in the Chesapeake Bay long enough to be recaptured, but the attempt brought fame to some of the passengers and buoyed the abolition movement.

"Freedom might have been geographically close but a very different thing to achieve," said Mary Kay Ricks, an author of a book on the Pearl's history. "It was an event that shook Washington. It shook



ROBERT NIXON/THE PEARL COALITION

The Spirit of the Pearl, which resembles the historic Pearl, sails to El Salvador in '09.

Congress."

The Pearl Coalition was originally formed by Lloyd D. Smith, David Smith's grandfather and a D.C. planner and community leader.

David Smith would like to start a program in which youths would learn the hands-on skills of carpentry and boatmaking while repairing the Spirit of the Pearl in El Salvador.

Once the boat arrives in D.C., those youths could work to get the vessel ready for educational cruises for schoolchildren and tourists.

The coalition is still in discussion with city agencies and the Southwest Waterfront development project to secure a place for the vessel. **CHRISTY GOODMAN** (THE WASHINGTON POST)

Details of New Va. Budget Facing Vote Released

Richmond, Va.

The new budget facing a General Assembly vote cuts \$250 million from public education, erases unpaid days off for state workers and slashes fee increases the Senate sought by 60 percent.

But it also retains Medicaid

reimbursement cuts of 7 percent by 2012 for hospitals, nursing homes, doctors and other health professionals unless Virginia receives \$370 million in federal support for the program.

The details are in documents released Sunday afternoon by House and Senate budget committee staffs

who had scrambled after a deal was struck around 1 a.m.

The state's two-year appropriations plan of about \$70 billion makes the deepest cuts to state programs and services in modern history. With state revenues \$4 billion shy of their targets, the new budget returns to 2006 levels. (AP)

MASTER OF ARTS IN communication

Excel at Hopkins in DC

Learn the theory and practice of communication at our Washington, DC Center.

Optional Concentrations

- Public and Media Relations
- Political Communication
- Health Communication
- Digital Communication
- Corporate and Non-Profit Communication

Learn More at an Information Session and Reception

Monday, March 22
6:30–7:30 p.m.

1717 Massachusetts Avenue, NW
Washington, DC
Red Line Metro to Dupont Circle Station

Small evening classes designed for working professionals.

Apply online year-round.

JOHNS HOPKINS
UNIVERSITY

RSVP for information sessions at
communication.jhu.edu

Disability services can be requested three weeks in advance through the online RSVP form.

Get **fit**

Tuesdays in Express

A weekly section about how to look and feel and be your best.

express
A publication of The Washington Post

fit is... health | fitness | nutrition | grooming | beauty | fashion | relationships | and much more



Alex Ovechkin, left, was ejected in the first period on Sunday after he hit the Blackhawks' Brian Campbell from behind. Ovechkin received a game misconduct for the hit.

Caps Storm Back Sans Ovechkin

After star is ejected, Washington stuns Chicago in overtime

The Capitals

Alex Ovechkin was kicked out early, the Washington Capitals fell behind 3-0, and that's when they showed why they have the NHL's best record and highest-scoring offense.

Nicklas Backstrom scored unassisted with 1:50 left in overtime — his second goal of the game — to give the Capitals a 4-3 comeback victory Sunday against the Blackhawks.

"It's a strong sign, especially now at the end of the season," Backstrom said. "We know [Ovechkin]



Caps goalie Jose Theodore, left, celebrates with teammate Eric Belanger Sunday.

is a key to our team and he scores a lot of goals. We have shown that we can play, that our other key players can play, too."

After his sprint up the side, Backstrom maneuvered around Chicago

defenseman Brent Seabrook in the left circle and beat Antti Niemi.

Ovechkin, the two-time MVP and the league's leading scorer this season, got a game misconduct in the first period for knock-

ing Chicago's Brian Campbell into the boards.

"There's nothing I can do right now. He just fell, and this happens," Ovechkin said.

Campbell stayed down for several minutes before he was able to leave the ice with a trainer at his side and then headed to the locker room. He did not return to the game. He has an upper-body injury and will not make the Blackhawks' road trip to the West Coast.

Ovechkin went to the penalty box after being assessed a five-minute boarding penalty and then into the locker room after being given a game misconduct.

"I didn't hit him hard," Ovechkin said. "I pushed him, but he fell bad. It probably looks bad. I thought it was going to be two minutes, but the linesman came to me and said 'Game over.'" **RICK GANO (AP)**

Richmond Falls Short Against Temple in A-10 Championship

Men's College Hoops

It's like old times in the Atlantic 10: Temple is once again the conference champion.

Ryan Brooks hit four free throws over the final 50 seconds, and the top-seeded and 17th-ranked Owls won their third-straight confer-

ence tournament title, holding off a gutsy rally by Richmond for a 56-52 victory in the championship game on Sunday.

Tournament MVP Juan Fernandez scored 18 points, and Brooks and Ramone Moore finished with 12 each for Temple (29-5), which earned a third-straight automatic

bid to the NCAA tournament and its ninth conference title.

Picked to finish fifth in the preseason poll, Temple players hugged at halfcourt and jogged around high-fiving fans, with Fernandez carrying the flag of Argentina.

Richmond had a chance to tie

the game in the final seconds, but David Gonzalez missed a 3-pointer with seven seconds to play.

Kevin Anderson, the conference player of the year, stepped up late for Richmond and scored nine of his 14 points in the final 7:06 to help the Spiders rally from a 12-point deficit. **(AP)**

In Brief

HORSE RACING

Owner: Rachel Alexandra Won't Race vs. Zenyatta

The owner of Rachel Alexandra says his horse of the year won't run against unbeaten Zenyatta next month. Jess Jackson said his 4-year-old filly is not in top form after her second-place finish in Saturday's New Orleans Ladies at the Fair Grounds. The fillies were scheduled to race for the first time in the \$5 million Apple Blossom on April 9. **(AP)**

PRO FOOTBALL

Broncos Trade for Quinn

The Cleveland Browns have traded quarterback Brady Quinn to the Denver Broncos for fullback Peyton Hillis and a 2011 draft pick. The teams announced the trade Sunday. Quinn's departure comes one day after the Browns agreed to terms with free agent Jake Delhomme on a two-year contract. **(AP)**

MEN'S COLLEGE HOOPS

Kentucky Wins SEC Title

John Wall scored seven of his 15 points in overtime, and No. 2 Kentucky rallied from five down with 2:28 left in regulation to beat Mississippi State 75-74 on Sunday for the Wildcats' 26th SEC tournament championship. **(AP)**

TV Lineup

WOMEN'S COLLEGE HOOPS (7 P.M., ESPN) The women's NCAA tournament field is announced.

WIZARDS (9 P.M., CSN) The Wizards begin a long road stretch with a game against the Utah Jazz.

NATIONALS (7 P.M., MASN) The Nats take on the Braves in spring training action.

NBA (8 P.M., 10:30 P.M., ESPN) The Celtics host the Pistons, and the Lakers visit the Warriors.

NHL (7 P.M., VERSUS) The Devils take on the Bruins.

SOCCER (3:55 P.M., ESPN2) Liverpool hosts Portsmouth in the Premier League.

Sports

Nats' Strasburg Splendid Again

Phenom tosses three shutout innings in start vs. Cardinals

The Nationals

Stephen Strasburg is more than holding his own against major league hitters. Challenging weather conditions aren't intimidating the Washington Nationals' top prospect either.

Strasburg pitched three scoreless innings, and the Nationals fell to 0-10 in exhibition play with a 7-3 loss to the St. Louis Cardinals on Sunday.

Facing 30 mph gusts, Strasburg accomplished something no other Nationals starting pitcher has done in a dismal spring: turn in consecutive scoreless outings.

A crosswind whipped his fastball out of the strike zone and sent his changeup darting into



Stephen Strasburg has shined this spring, but the Nationals have yet to win a game.

something resembling a Mariano Rivera cutter. Strasburg just breezed through the winds like they weren't there.

The top overall pick in last year's draft allowed two singles and a walk in his second spring training start. The right-hander threw 29 of 49 pitches for strikes, stretching

his scoreless streak to five innings. "It's difficult to adjust to, especially when you've got a crosswind. ... You just gotta go out there and pitch with what you got and compete. Not every game is going to be perfect — 72 degrees, no wind, not a cloud in the sky," Strasburg said. (AP)

REALIZE YOUR POTENTIAL GUIDE ORGANIZATION CHANGE

Earn a Master's Degree in Organization Development in just one weekend a month.

• World-class scholar-practitioner faculty • Client-focused, diversity-conscious OD • International Residency • International network of 1,300+ alumni • Discounted NTL programs + Free *Journal of Applied Behavioral Science*

Meet faculty and current students at an Open House

Friday, March 19 at 5:30 p.m.

American University, Watkins Building

4400 Massachusetts Ave. NW | Washington, DC

RSVP: spagrad@american.edu or 202-885-6206.

www.american.edu/spa/auntl



Struggling with Knee Pain?

Do you struggle with knee pain due to osteoarthritis?

If you have osteoarthritis (OA) of the knee, you may qualify for a 12 week clinical trial for an investigational medication for osteoarthritis.

This trial follows subjects carefully for any stomach side effects.

You may qualify if you are:

- 45-80 years of age
- Have been diagnosed with arthritis of the knee
- Take a medication for knee pain most days
- Do not have a history of gastrointestinal bleed or ulcer(s) diagnosed within the past 5 years

For more information:

Chevy Chase Clinical Research
(301) 652-5520

Lose WEIGHT in 2010

- Personalized Eating Plans
- 1-on-1 Counseling
- Appetite Suppressants
- Vitamin B12 Injections
- Weight Maintenance
- Supplements

DC's Oldest & Most Successful Medical Weight Loss Program
Est. 1974

Dr. Beale's Medical Weight Loss Program
202-463-7872
www.docbeale.com

Downtown • 1712 Eye St, NW
Anacostia • 2041 MLK Ave, SE

WeekendPass makes the weekend noteworthy.
Every Thursday in Express.



Whether you work in
Washington or London,
your challenges are global.
Your MBA should be, too.

Discover our redesigned MBA and MS degrees, including
courses in Environmental Finance, Social Entrepreneurship,
Competitive Intelligence, Knowledge Management,
Entrepreneurial Financing, and Digital Marketing.

1.877.88 CAREY carey.jhu.edu

JOHNS
HOPKINS
CAREY
BUSINESS SCHOOL

Come to an information session.

Washington, D.C. Tuesday, March 16 Noon-1:30 p.m.	Baltimore, MD Tuesday, March 16 6-7:30 p.m.	Baltimore, MD Wednesday, March 24 8-9 a.m.
--	--	---

Where business is taught with humanity in mind.

3050-ADV

Express delivers.

Express delivers over 280,000 readers every weekday morning.

Advertise in Express.

For information call:

- 202-334-4532 • Bars/Clubs, Education, Entertainment, Maryland/D.C. Retail, Restaurants, Travel, Charities
202-334-4130 • Real Estate, Home Furnishings, Technology, National Retail, Specialty Stores, Financial
202-334-4385 • Health, Virginia Retail, Apartments, Automotive, Jobs



A publication of The Washington Post

XX176 3x2

PERHAPS THE BEST TIME TO PREPARE FOR
LATE SUMMER ALLERGIES
IS RIGHT NOW.

If you end the summer sneezing, coughing, and congested, you may have ragweed allergies – also known as hay fever. And even though ragweed season is months away, now may be the best time to prepare for it. That's why we're currently enrolling the Ragweed Allergy Study, a clinical research study of an investigational oral drug designed to do more than just treat your allergy symptoms – it may also help reduce your reaction to ragweed by building up your body's immunity to it.

Study participants will receive the following at no cost:

- All study drugs.
- Access to a study physician who specializes in ragweed allergies.
- Study-related care throughout the study.

To see if you may be able to participate, please contact us today.

O & O Alpan
6212 Old Keene Mill Ct. - Springfield

877-720-8673



www.RagweedAllergyStudy.com

Biotechnology
doing work that
matters



Achieve Success, accomplish
your degree and have a rewarding
career working for

- Research labs
- Pharmaceutical manufacturing companies
- Government institutions
- Quality control environments

- Flexible class schedules
- Placement Assistance For All Graduates
- Financial Aid available to those who qualify
- Approved Programs for VA Educational Benefits.



www.fortiscollege.edu

4351 Garden City Drive • Landover, MD 20785

Convenient location next to the New Carrollton Metro Station

888.465.0199

2010 **ncaa** tournament

For NCAA, the More the Merrier?

Tournament officials consider expanding the field to 96 teams

Men's College Hoops

The college basketball season's most significant question does not concern a team, player or coach, but rather an easily recognizable, straight-lined symmetrical image, a bracket that has emblazoned T-shirts and hampered office productivity in March for a quarter century.

The NCAA tournament — tweaked just once since 1985 — is potentially on the verge of a dramatic growth spurt that could alter its beauty, appeal and long-term relationship with the sporting public. The NCAA, which could opt out of its \$6 billion television rights deal with CBS by July 31, is considering expanding the 65-team field to include as many as 96 teams.

As teams jockeyed for seeding and berths in this year's tournament, coaches, fans and media members engaged in a public debate — much like the private one NCAA executives are having with informed parties — about what, if any, changes should be made to a three-week event that has become one of the nation's most popular sports fixtures.

Most fans and media members pan significant expansion because they feel it will cheapen the regular season, render many first-round NCAA tournament games unappealing and reward middling



George Mason's Final Four run in 2006 has led some to call for a larger NCAA field.

teams when they have little to no chance to win the national championship.

Most coaches endorse it because it would provide memorable experiences for more players, benefit capable teams they feel are excluded from the current field and perhaps even save jobs of colleagues who are judged by their ability to make the NCAA tournament.

The following issues are all paramount: Should the purpose of the event be to create the best experience for the players? Should it be to stage the fairest championship event? Or should holding an enter-

taining tournament be the focus? Asked those three questions, Greg Shaheen, the NCAA's senior vice president of basketball and business strategies, said simply, "Yes."

Maryland's Gary Williams and

"This year's ... 66 is not going to be good enough to play for the national championship, so I would be hard-pressed to make a case for number 96."

— ESPN.COM'S JOE LUNARDI

Syracuse coach Jim Boeheim have been among the most outspoken proponents of expansion in recent years. Both national title-winning coaches have missed the NCAA tournament in a decade that has been defined by parity.

In 2006, George Mason became the first mid-major team in the modern era to reach the Final Four, and the Missouri Valley Conference earned as many tournament berths (four) as the ACC. At the time, Mason's inclusion was extremely controversial. The Patriots' magic run, some say, shows why a bigger at-large field is best for the tournament.

"How many people thought George Mason had a chance to play in the Final Four?" Virginia Tech coach Seth Greenberg asked. "They were about the 63rd team, right?" **ERIC PRISBELL** (THE WASHINGTON POST)

Other Options

Not all coaches agree expanding the NCAA tournament field to 96 teams is the right move. West Virginia's Bob Huggins wants to see Division I basketball split into subdivisions, much like what is done in college football. Florida State's Leonard Hamilton would be open to every Division I team playing in the NCAA tournament. And California's Mike Montgomery has said, if expansion occurs, perhaps the extra round of games could take the place of conference tournaments. (TWP)

The Home Teams



The Hoyas showed the value of conference tournaments this weekend. By reaching the Big East finals, Georgetown displayed the consistency needed to earn a No. 3 seed in the Midwest. The Hoyas will play San Diego State on Thursday in Providence, R.I.



A dramatic stretch run caught up with Maryland in the ACC tournament, which the team was eliminated from in its first game. The Terrapins' stock wasn't hurt, though, as they were named a No. 4 seed in the Midwest and will play Houston on Friday in Spokane, Wash.



The quintessential bubble team this year, Virginia Tech would have benefited most from an expanded field. Instead, a loss to Miami in the ACC tournament was the ultimate decider against the Hokies, who are headed to the NIT and not the Big Dance.



CHARLIE NEIBERG/ALP

Sherron Collins leads No. 1 Kansas.

Top Billing Goes to the Jayhawks

Men's College Hoops

Kansas, Kentucky, Duke and Syracuse earned top billing and the No. 1 seeds for the NCAA tournament Sunday, with the Jayhawks named the top seed overall for the 2010 version of March Madness.

Play starts Tuesday with an opening-round game between Arkansas-Pine Bluff and Winthrop, and the tournament goes into full swing Thursday.

8

The number of teams to earn a tournament spot out of the Big East, the most of any conference.

In shaping the bracket, the selection committee didn't include teams' performances in their last 12 games — a longtime staple of its expansive criteria that was deemed as carrying too much weight.

But Syracuse (28-4) still took a bit of a hit, ranked fourth among the top seeds, behind Duke, and was sent to the West region. The Orangemen closed out the season on their first two-game losing streak and lost center Arinze Onuaku in a loss to Georgetown in the Big East quarterfinals.

Onuaku is expected back for his team's opener Friday against No. 16 Vermont. (AP)

2010 ncaa tournament

midwest

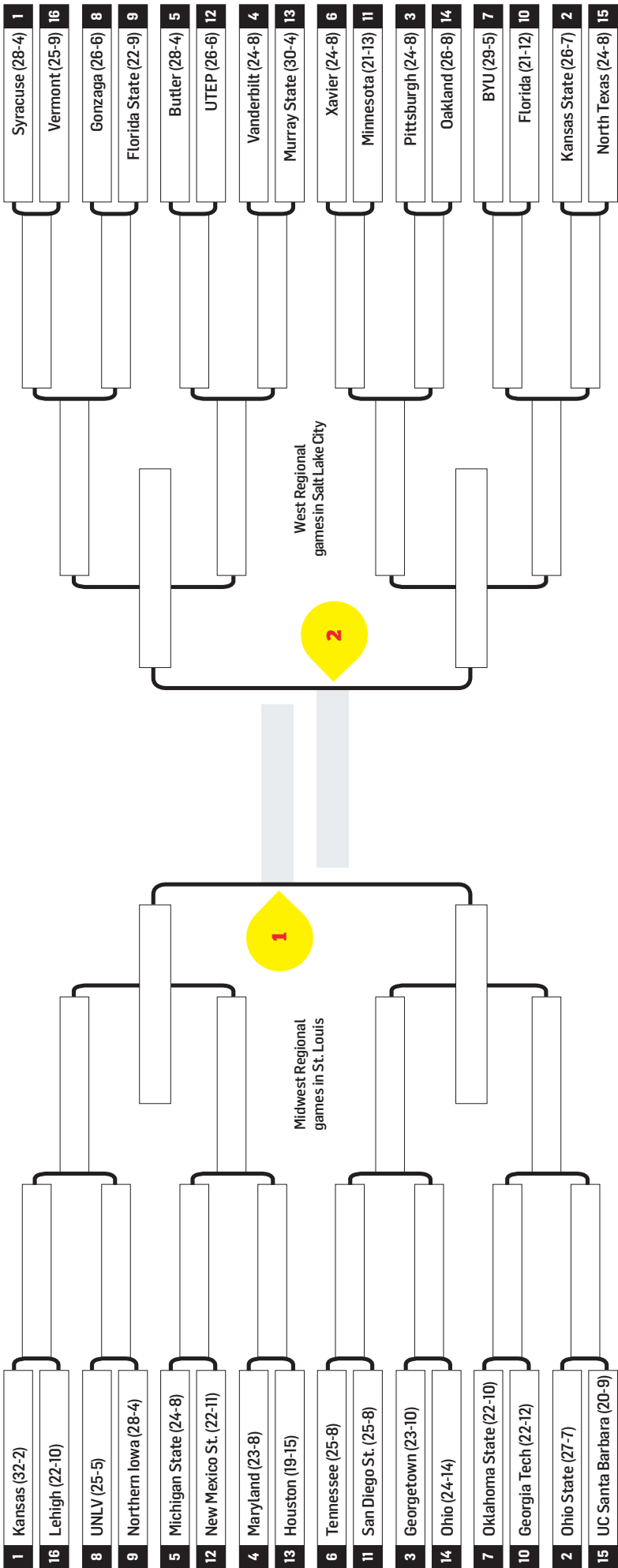
First Round
March 18 and 19

Second Round
March 20 and 21

Regionals
March 25 and 26

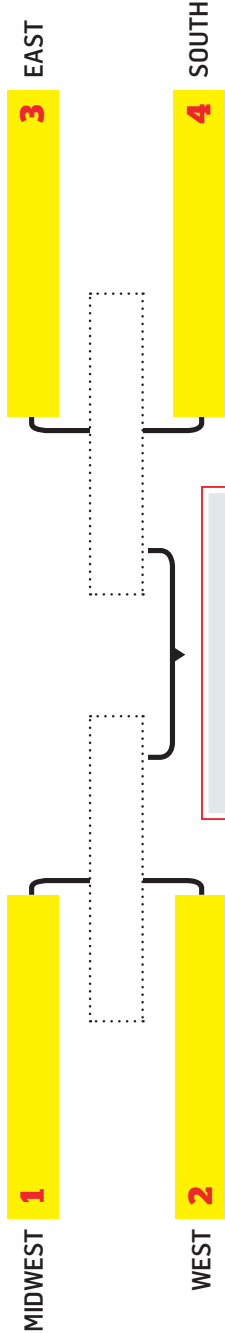
Regional Finals
March 27 and 28

west



final four

INDIANAPOLIS APRIL 3 AND 5



★ Play-in Game
March 19

16a Arkansas-Pine Bluff

16b Winthrop

High-Minded

Two of the country's top programs returned to elite status Sunday when Syracuse earned its first No. 1 seed since 1980 and Duke netted its first top seed since 2006.



Reach
over
310,000
readers
daily

express
marketplace

JOBS • RENTALS • HOUSES • WHEELS • STUFF • AND MUCH MORE...

SAVE 25%
by running
your ad
Mon. - Fri.

To place a classified, call
202-334-6200.

To advertise a job, call
202-334-4100.

Credit cards accepted.



XX156 1x10.5

JOBS

Customer Relations

Looking for a career, and or income in this tough economy?

Join our fast growing sales & marketing company. Hiring Immed for all divisions w/ mgmt opportunity avail. We offer great pay structure and bonuses. Constant training provided. Call us now **301-685-1110** to set up an interview.

DANCERS—Wanted for Gentleman's Club (PG County). \$300-\$500/night. No exp. needed. Please send a text msg for info: **240-286-3660**.

DENTAL ASSISTANT - PT. Lanham area. X-ray certified, bilingual preferred. Email resume to nutritionhsw@yahoo.com or 240-899-3901, lve msg.

FOOD SERVICE

Alex, VA. Accepting applications for: **CHEF/COOK, PREP, UTILITY** at a local private school! Min 2 yrs experience req'd. **MUST** pass drug & background. **Contact Adam @ 703-212-2858** or fax your resume to 703-751-4286.

HAIR STYLIST

Near Andrews Air Force Base, Unisex Salon, Hair stylists, barbers, braiders. Booth rental available. Call **301-735-0002** or **301-452-8558**

Home Instead Senior Care

Help seniors stay in their homes! Provide companionship, transportation, light meal preparation, light housekeeping. Great work for retirees. Training provided. Flexible part time schedules in Montgomery County and NW DC. Job Hotline: 301/588-2645 www.homesintead.com/197

LANDSCAPERS with 4 years experience. Brandywine, MD. Call **240-462-0077**

Maintenance Engineer - Nights/Weekends. Qualified candidates will possess 3 years experience in general maintenance, electrical, mechanical and plumbing. Refrigeration and Air-conditioning experience is preferred. Qualified candidates please find applications at www.chevyhaseclub.org and may be emailed to hr@chevyhaseclub.org or fax to 240-243-0004.

Medical Coding & Billing Staff Needed Now!

Hospitals & Insurance Companies now hiring. **No experience?** Local Job Training & Placement Assistance is now available! **1-888-834-2177**

CAREER TRAINING

R.E.

1st Stop... Long & Foster

Real Estate market conditions vary by region. **Many markets in our area are on the upturn.** If you're thinking about a Career in Real Estate, it's a great time to get licensed. Classes forming now- go to

www.thelfire.com for info on classes & schedules.

Take our **FREE** Online Aptitude Profile to find out whether real estate could be for you!

www.thelfire.com and click on the RealSTAR link. Or call: 800-543-3365.

LONG & FOSTER

SALES- Professional sales person for home and commercial security systems service, Direct TV, electrical energy. 100% commission paid, bonus pay. **240-418-5020** or **301-495-5795**

SECURITY

Armed SPOs for various prestigious DC locations. Must possess current armed commission, 2 yrs exper, excellent professional work history. Competitive pay. Call M-F 9am-4pm **202-293-8011** or fax resume: **202-293-1095**.

TATTOOIST/PIERCER for shop. 5 years experience. Call: **Ray 240-401-2135**

TELEMARKETING

\$75,000 Full Time Start earning the money you deserve! Work enthusiastically for our **Award Winning Marketing Company**. We are located in Laurel @ 312 Marshall Avenue *Call us today*

PROTOCOL • 301-361-1111 Drug free workplace

CAREER TRAINING

TRAIN FOR A CAREER AS A HOMELAND SECURITY SPECIALIST AT EVEREST COLLEGE!

Graduate in less time than you think!

TRAIN FOR A CAREER IN CRIMINAL JUSTICE AT EVEREST COLLEGE!

FINANCIAL AID AVAILABLE FOR THOSE WHO QUALIFY

CALL NOW!

1-888-461-3609

Visit us online at www.SeeEverest.com

VA Schools are CTO SCHEV

Everest
COLLEGE

YES YOU CAN!
GET THE SKILLS TO PAY YOUR BILLS
Open House March 15th @ 10am or @ 2pm
Classes Start March 16th

Earn A Computer



MEDICAL ASSISTANT

- Medical Office Procedures
- Laboratory Procedures
- Medical Terminology
- Phlebotomy/Medical Billing
- Assisting with Surgeries
- Work at hospitals/clinics
- And More

OFFICE ADMINISTRATION

- Windows/Word/Accounting
- Excel/Powerpoint/Web Design
- And More



LEARN HOW TO BECOME A **MEDICAL ASST OFFICE ADMINISTRATOR** REFRESHMENT, RAFFLE, TOUR TRANSPORTATION & **FINANCIAL AID AVAILABLE** (for those who qualify)

Morning / Afternoon / Evening
Morning classes filling quickly

CALL NOW!
202.223.3500

1001 Connecticut Ave., Suite 435
Conn. & K above Farragut North

Nationally Accredited



CAREER TRAINING

CAREER TRAINING

Comprehensive Health Academy School of Practical Nursing in DC



Has Highest NCLEX Pass Rate in the region since 2003

Currently accepting applications for Morning programs.

Classes are held from 8:00am to 2:00pm M-F

Call 202-388-5500

<http://www.comprehensiveacademy.com>

CAREER TRAINING

CAREER TRAINING

Help Yourself by Helping Others

Train to be a
MEDICAL ASSISTANT

Sanz's Medical Assistant program equips you with the skills you need to succeed in the healthcare field.

Work with Doctors at Clinics, Doctors' Offices and more.

Training includes:

Phlebotomy
Vital Signs
Diagnostics
Administration

Sanz
since 1939

Accredited by
COE

Approved by
DC Education Licensure Commission
Maryland Higher Education Commission

Certified by
SCHEV to operate in VA

- ✓ Financial Aid If You Qualify
- ✓ Job Placement Assistance
- ✓ Convenient DC, MD and VA Locations
- ✓ Convenient AM, PM and Weekend Classes

Programs and schedules may vary by campus

1(888) 407-8222

www.sanz.edu



Silver Spring, MD

Washington, DC

Falls Church, VA

CAREER TRAINING

CAREER TRAINING

Become a skilled Massage Therapist in just 7 months!

As an NMTI student, you'll enjoy:

- A school dedicated to massage therapy
- Financial aid and job placement professionals on campus
- A choice of day, evening and weekend classes
- Job placement assistance



Call (888) 300-9617 to learn more today!
www.studymassage.com

Campus conveniently located in Falls Church, VA.
Accredited by COMTA. Licensed by SCHEV to operate in the state of Virginia.

career education CEC2308164 - 07/09

Recession Worries?

Train in
**Pharmacy
Technology**
and work in drug
stores, hospitals,
grocery stores and
more!

- Ongoing Career Services Assistance
- Financial Aid is available for those who qualify to help reduce your out of pocket expenses

We also offer: Medical Assistant,
Diagnostic Medical Sonography,
Medical Billing & Coding

text DCHEALTH to 78573 or call
888.771.2433
sanfodbrown.edu/landover

A Leader In Healthcare Education



Sanford-Brown Institute | 8401 Corporate Drive, Suite 500 | Landover, MD 20785
Sanford-Brown Institute does not guarantee employment or salary

A Better Tomorrow Starts Today!

Offering career training in
Digital Media
Call Now to Change Your Life!
1-866-203-9186
www.ACIDifference.com
3 Convenient Locations
• Wheaton • Baltimore • Columbia
Financial aid available to those
who qualify.



A new career will change your life.
Train to be a Massage Therapist!
Call NMTI Today
888-315-8218

WESTWOOD COLLEGE

Earn a bachelor degree in just three years at
Westwood College
Call 877-852-9712 today to receive your free
Career Success Kit!
www.westwood.edu/locations

PREPARE FOR A NEW LIFE!

Make a difference, even with the little
ones as a Diagnostic Medical Sonographer.
Train in less time than you think!
Career Services Available
Financial Aid for those who qualify.
Training includes an externship!
For a Brochure, Call Now!
888-805-2333

SANFORD-BROWN INSTITUTE
8401 Corporate Dr. Ste 500
Landover, MD 20785

CAREERS
THAT MAKE A DIFFERENCE



ALLIED HEALTH TRAINING
IT'S ALL WE DO!



- ♦ medical assisting
- ♦ medical office admin
- ♦ medical imaging
- ♦ dental assisting
- ♦ pharmacy tech

arlington • alexandria • manassas

ACT Now: 866-970-8484
www.actcollege.edu

CERTIFIED IN VA BY SCHEV • ACCREDITED BY ABHES • PROGRAMS VARY BY CAMPUS
1100 WILSON BLVD, MALL LEVEL • ARLINGTON, VA 22209

GET THE SKILLS EMPLOYERS WANT TODAY!



Office Administration

- Administrative Assistant
- Receptionist
- Customer Service
- Accounting Assistant
- Accounts Payable & Receivable

Medical Office Assistant

- Medical Coder
- Medical Biller
- Medical Receptionist
- Medical Claims Adjuster
- Medical Insurance Processor



* Financial Aid Available If Qualified * Placement Assistance Available



**Career
Technical Institute**
Formerly Career Blazers Learning Center
888-639-8766
2131 K St. NW
Btw. 21st&22nd St.

MEDICAL LEARNING CENTER

DAY, EVENING & WEEKEND CLASSES:
L.P.N. | C.N.A.
Licensed Practical Nurse | Certified Nurse Assistant

medicallarningcenterva.com
703-527-0055 • Certified SCHEV • Approved VBON

PHARMACY TECHNICIAN TRAINING!
Learn the skills you need to work in
pharmacies at drug stores, hospitals,
grocery stores and more!

CALL TODAY! 888-805-2333

SANFORD-BROWN INSTITUTE
8401 Corporate Dr. Suite 500 Landover, MD 20785

MAKE A DIFFERENCE, even with the little ones!

Train for a healthcare career in less time than
you think. You could learn:

- MEDICAL ASSISTING
- DIAGNOSTIC MEDICAL SONOGRAPHY
- PHARMACY TECHNICIAN,
and more!

CALL NOW 888-805-2333

Your new life is waiting!

Sanford-Brown Institute

8401 Corporate Dr. Ste 500 • Landover, MD 20785

HELP FIGHT CRIME

WITH A CAREER IN CRIMINAL JUSTICE!

Train in Criminal Justice or
Information System Security!
Ongoing Career Services Assistance.
Financial Aid for those who qualify.

For a Brochure, Call Now!
888-791-3444

Sanford Brown College - Vienna

Want a healthier paycheck?

Train to be a
Massage Therapist
in as few as 7 months!
Call NMTI today!
888-233-7855

CRIMINAL JUSTICE

Earn a degree in **Criminal Justice**
at **Westwood College**

Call **888-605-2244** today
to receive your free Career Success Kit!
www.westwood.edu/locations

CAD

Earn a degree in computer-aided
design at **Westwood College**.
Call 800-342-2249 today to receive
your free Career Success Kit!
www.westwood.edu/locations

PHLEBOTOMY Training workshops

Doctor's Help **301-567-5422**

Are You Unemployed or Underemployed?

Come get FREE EMS Paramedic Training for those who qualify.
Must be a DC resident and meet DOES eligibility requirements.
Call about your new career today! Close to Metro Center.

(202) 552-7385

or email: Thewestlinkci@live.com

PHARMACY TECHNICIAN

In 10 Weeks

1-888-810-2897

CTO SCHEV

**LEARN
ENGLISH** *Sanz*
Se Habla Español since 1939

Financial Aid if qualified

1(877)844-2505

CAREER TRAINING

Become a Medical Billing and Coding Professional

CTI

Career Technical Institute

888.639.6277

Insyte

InsyteTraining.com

SPECIAL PRICES

**call now for details

COMPTIA

A+, Network+, Security+

MICROSOFT

MCSE, MCTS, MCITP 2008

CISCO / PROJECT

CCNA, CCNP, PMP, CAP

SECURITY

CISSP, CEH, CHFI, CISA

Certification Guarantee!

Veterans Benefits & GI Bill Approved

DOD 8570 Classes

WIA Funding Approved

Free Resume Help & Job Referrals!

Day, Evening & Weekend Classes!

CALL 703.535.8600

PHLEBOTOMY

In 10 Weeks

1-800-417-8954

CTO SCHEV

DENTAL ASSISTANT

In 10 Weeks

1-800-381-1734

CTO SCHEV

MEDICAL ASSISTANT

In 10 Weeks

1-800-460-4138

CTO SCHEV

Become a Certified Computer Technician

CTI

Career Technical Institute

888.639.6244

Learn Medical BILLING & CODING

Financial Aid if qualified

Job Placement Assist.

Day, Eve, Weekend

Sanz

1(888) 407-8222

CTO SCHEV

Programs and schedules may vary by campus

SANZ

Learn PHLEBOTOMY

12 Weeks: Eves, Sat or Sun

1(888)461-8181

Electronic Jobs

Electronic and Computer Training/Certification

Small Day and Evening Classes, \$550, job placement assistance

Largo, MD 301-350-9710

BUSINESS AND FINANCIAL OPPORTUNITIES

YES AVON CAN BE THE ANSWER

Avon offers a unique opportunity to start a business for \$10 with support of a \$10 Billion Global Co. You are in business for yourself but not by yourself.

Ted & Kim Middleton, Independent Avon Sales Reps 301-248-7955.

ANNOUNCEMENTS

Let it be known—Rich Llewellyn sincerely apologizes to Tanya for befriending her. Sorry it came to this. Maybe friends someday.

SERVICE SOLUTIONS

Wash & Fold Laundry Service

MegaLaundromat.com 301-559-0707

STUFF

\$159 Queen Pillowtop Mattress Set. New in plastic. Can Del. 301-399-7870

3Pc King Pillowtop matt set. \$259. New in plastic. Can del. 301-399-7870

6Pc Cherry Sleigh Bedroom set. New in box. Take \$445. 301-399-7870

Cherry Bedroom Set—Solid Wood, never used, new in factory boxes. English Dovetail. Orig cost \$4500. Sell \$795. Can deliver. Tom 202-558-2136

DELL GX270 P4 2.6Ghz \$99!—512MB 40GB CD XP W/K&M 703-821-1400; 301-931-6630 PCRetiro.com

ENTERTAINMENT CONSOLE—Ethan Allen, reddish brown, 55x43x21. Excellent Condition. \$400/OBO. Call 703-493-9092

LEATHER LIVING ROOM SET-IN—Orig. Plastic, Brand New. Orig price \$3000, sacrifice \$975. Can Deliver. Bill 202-558-7647

Rolax Presidential Watches—His & Hers - \$17,500 for both. 18K YG. Buy together or split. Diamond bezels & bracelets. Must see! 703-362-1052

SALES & AUCTIONS

SPRINGFIELD - 8309 Forrester Blvd Sat 3/13 - Mon 3/15, 10am-7pm.

NAVY CAPTAIN'S HOUSE FULL OF TREASURES!

From the fine to the funky. Generations of collecting. Entire contents of elegant home.

BARGAINS. 703-915-8472. (22152)

MUSIC

ORGAN - Hammond Concorde, Excellent condition, \$2,500. Please Call 703-360-8648 For More Information.

TICKETS

Nationals—Join Season Ticket Group, ea share gets 4 tickets ea to 8 games, Sec 117U, \$1,919, Alexandria, VA, 703-329-1971

PETS

ADOPT A CAT/KITTEN

Vet checked. Call Feline Foundation. 703-920-8665 www.ffgw.org

Akita—Beautiful Akita Pups 8wks! AKC, champ bloodline, shots, parents onsite, \$800+, serious inquiries only 202-439-5109

American Bulldog—PUPPIES—Registered, shots, wormed. Very Bully.Dad and mom are show and thick!Health guarantee.7 Wks old.301-793-0158

Bichon Frise—\$500-550, 3 males, 3 females, whelped 1/15/2010, ACA Registered, 1st shots and dewormed, call Angelo 240 603-2940

Bichon Frise—\$2000, 2 Beautiful Males Available, 10 Weeks yrs old, Parents are US CH. and Health Certified. Ready Now! 540-419-9043

BICHON PUPPY—READY by March 31st! RESERVE EARLY! 703-577-1069 www.DCDogfinders.com \$550 and up

BICHON/Shih Tzu—"TEDDYBEARS" Prespolied form our home to yours! Raised with tons of TLC! 703-577-1069 www.DCDogfinders.com \$499

Boston Terrier—AKC Boston Terrier Pups, Black & White, Shots/Wormed, Friendly & Feisty, Health Guarantee \$600.00 804-694-0575

BOXER PUPS-AKC, champion blood lines, M/F, shots & wormed up to date, brindles and fawns, serious inquiries only, 8 weeks. Call 571-235-1418

English Bulldog—AKC-12 wrinkly butter-balls, 9wks, m&f all colors-will mature 30-40lbs \$2500.00 703-507-1996 or 540-338-3047

German Shepherd Pups -12 wks, Beautiful, Loyal, Intelligent, Import from Germany, Black/tan, AKC, Vacc., World Class Lines, \$1,800. Call 571-643-1213

German Shepherd—Puppies Males and Females, 8 Weeks old, Black and Red, Large-boned, Great temperments. Call 540-212-8399

Golden Retrieve—AKC 9w-3yr F. 21 yrs in show Chs. family raised in home clandregoldens.com vet chkd & aprvd 704-506-5102/ 1500.

Labradoodle—& Goldendoodle pups wavy, curly & cute S&W Hlth Guar. Rdy now \$600 & up, 540-729-6180 www.doodledogpups.com

Maltese / Bichon—Adorable! Loving! KidFriendly! NonShed, HypoAlg, 2 Shots, Wormed, Paper/Crate trained, \$550, M/F, 11 wks, 703-282-4275

Maltese—High Pet Quality! M&F Home raised. Bred for sweet temperament & intelligence. Shots, wormed, guaranteed. 540.616.7955

MALTESE/YORKIE—"SWEETHEARTS" so adorable and true cuddlebugs! 703-577-1069 www.DCDogfinders.com \$650

MORKIES—SUPER CUTE! Raised with tons of TLC! All colors \$550/650 703-577-1069 www.dcdogfinders.com

PUG PUPPIES —AKC, 1st shots & wormed, Fawns & Blacks, M/F, \$600. Micro-chipping avail. 8 weeks old. Call 540-788-4046

Shih tzu/Bichon—"BORN 2 CUDDLE" the perfect family puppy! no shed lovable! 703-577-1069 www.DCDogfinders.com \$450

SHIH-TZU PUPPIES- AKC, Ready by 3/20, Beautiful brindle with white, raised in a loving environment, vet approved. \$650 540-778-2398

Tcup Yorkies --AKC \$875 M/F 8 wks, shots, wormed, will be very small as adults 3-4 lbs see pics in online ad, Please call 240 723-5217

YORKIE - ACA, black & gold, baby face cuties, health guaranteed. 8 weeks. \$450-\$625. Please call 301-252-9213

RENTALS

AAFB AREA \$2,500

RENT TO OWN

Brand new, 4 BR, 2.5 BA, colonial w/ 2 car garage, full basement.

RENT TO OWN

3 BR, 2.5 BA, 3 level TH, fully finished basement. \$1,800

100% of the monthly rent goes to down payment of closing costs on both properties.

PIONEER REALTY 1-877-301-2009

FREE APPLICATION on all One Bedrooms!

1 BDR starting at \$810

(until March 31, 2010)

University Gardens

Apartment Homes

• All Credit Considered

• Se Habla Español

• Walk to Shopping

• Shuttle to UIM

1801 JASMINE TERRACE

universitygardens.net

HOURS: M-F 9-6, SAT 9-5, SUN 12-5

888.552.1097

Alex.

3400 N. Beauregard St.

SPRING SPECIALS!

Studio from \$745

1 Bedroom from \$835

2 Bedroom from \$1,075

Plus electric. Water and gas incl. Some w/w carpet. Conv. location within Beltway. On bus lines, walking distance to NOVA. Restaurants & shopping close-by. Sorry NO pets.

Larchmont Village Apartments

Call 703-820-1700

Alexandria, VA

MEADOW WOODS APARTMENTS

Call For Great Move-In Specials!

• 1 & 2 Bedrooms from \$905

• Huge Floor Plans

• Brand New Renovated Kitchens & Baths

• Great Amenities Include Great Specials Upon Move-In

Call Now! (888) 823-7689

some restrictions may apply/EHO

Alexandria

BRAGG TOWERS

EXTENDED STAY HOTEL

Furnished Efficiencies: \$343 Wk ♦ \$1290 Mo

Cable ♦ Internet ♦ Utilities ♦ Housekeeping

99 South Bragg St, Alexandria, VA 22312

703-354-6300 ♦ www.BraggTowers.com

DISCOUNT DAYS ARE FINALLY HERE!

All Credit Considered!*

5-Minute pre-approval!*

Kings Gardens is in walking distance to restaurants, shopping and Huntington Metro. 1 mile from 495 Beltway, minutes to Washington DC, MD, Old Town, Ft. Belvoir and many local attractions.

RENT TODAY! Apartments starting at only \$99!

Kings Gardens Apartment Homes

*Hurry... for a limited time only!

6300 SOUTH KINGS HIGHWAY, ALEXANDRIA, VA 22308

kingsgardens.net

866.277.1218

ALEXANDRIA

SOUTHERN TOWERS

HURRY!

Efficiency from.....\$720*

1 Bedroom from.....\$995*

2 Bedroom from.....\$1350*

3 Bedroom from.....\$1665*

Penthouse.....\$1800*

"WOW"-SPACIOUS PENTHOUSE NOW AVAILABLE!

Call our leasing office today!

703-485-4154

4901 Seminary Rd.

Alexandria, VA

Metrobus at front door to Pentagon & Van Dorn Metro ♦ Spacious Rooms ♦ High-speed internet access available ♦ 24-hour front desk ♦ Free parking 24-hour 7-11 ♦ No move-in administration fee ♦ No Security Deposit ♦ Convenient to Pentagon, Shopping & I-395 ♦ I-395 to Seminary Rd., West exit to Southern Towers immediately on right. 6 Month Lease Available! Please Call Now for Details!

*All Prices & Specials Subject to change without notice.

ALEXANDRIA

EHO

1 Month FREE!

Must Move in by 3/31/10

Limited Availability

The Station

at Potomac Yard

BRAND NEW COMMUNITY

in the heart of Alexandria, VA

877-345-7027

• W/D in each home

• GREEN apartments means LOW utilities

• .5 mi to 2 METRO Stations

• 1 FREE underground parking space

• Pet Friendly*

1 Bedrooms \$1432

2 Bedrooms \$1739

3 Bedrooms \$2027

*call for details

Alexandria Virginia

Monticello Lee

Apartments

The "Good Life" Starts at Your Front Door

Located in the most coveted Southeastern Quarter of Old Town!

Efficiencies, 1 & 2 BR Floor Plans

Courtyard Views!

Brand New Remodeled Apartment Homes

• High End Kitchens w/granite countertops

• Gleaming Hardwood Floors

• Oversized Closets

• Separate Dining Rooms

• Controlled Entry System

Great Specials!

Call Now 1-866-798-2377

Anacostia—\$1500,2br/1ba,1496 Bangor St SE, newly renovated. 202-487-5667 vouch only

Arlington—Tinyurl.com/922-Video Bright Large \$1350 utils, gar.sp incl. pool, gym, pub.transp 703-933-1957

Arts District in Hyattsville

SPRING MOVE-IN SPECIAL

1 & 2 Bedroom Apartments

Lovely Setting

Nr. the New ARTS DISTRICT

Close to Shopping & Metro

CASTLE MANOR

866-464-0993

Ballston—\$2000.00, 2 br, 2 ba, 1120A n taylor st., arlington, VA, porch-patio, WD, Fplc, 703-909-3086

1, 2, & 3 BDs rents

starting at \$915

• Easy access to 95 & 495

• Near Greenbelt Metro + UMD

• Ask about our Military discount

• Swimming pool + playground

TOWNLEY

(301) 358-3316

11457 Cherry Hill Road

Beltsville, MD

Prices are subject to change

LiveatTownley.com

BLADENSBURG

INCREDIBLE SAVINGS!

Ask about our Reduced Rent Specials

• Spacious floorplans

• New fitness & business center

• Newly Renovated Apts. Available

• Minutes to Washington DC

• Controlled access

The Phoenix

866-807 0429

5802 Annapolis Rd, Bladensburg, Md

www.phoenixaptsmd.com

Autumn Woods Apartments

Amazing Prices on 1,2,& 3 BRs as low as \$700!

• Free Cable/HBO

• Individually Controlled A/C & Heat

• 24 Hour Fitness Center

• Magic Johnson Computer Learning Center

• 24 Hour Emergency Maintenance

• Laundry Facilities • Patio/Balcony

5033 57th Ave. • Bladensburg, MD 20710

877-391-5586

Landex Management — Where Communities Begin

BOWIE -- 3 BR, 2.5 Ba, TH new paint & carpet. 2 fireplaces Jacuzzi tub, W/D, close to Town Center, Sec 8 ok. \$2000 per mo. 301-641-6546

CAPITAL HEIGHTS, MD - 4BR, 2.5BATH, renovated kitchen& BA, CAC, hwdw floors,W/D. Near Metro.Sec 8 ok. \$1750/mo.301-641-0428

CAPITOL HEIGHTS—TH 3 BR, 1.5 BA, remod kit & bath. CAC/Heat. Hwdw flrs, Driveway, frncd yrd, nr Metro/95/295. \$1350+ utilities. 301-379-8981

RENTALS

Capitol Heights, MD

Highland Ridge Apartments**1-MONTH FREE*
2 bedroom/1 bath
only \$995!**

- Renovated kitchens
- Controlled access entry
- GREAT location!

888 240 4569**MUST MOVE IN BY 3/31/10*

Capitol Heights

Capital Courts

6936 Walker Mill Rd.
Capitol Heights, MD 20743
(866) 204-8062



3BR Special Starting @ \$1060
\$200 Off 1st Month's Rent
\$99 Security Deposit
Waived Application Fee With This Flyer!

- Great Location
- Metro Accessible
- Central Heat and A/C
- Individual Patios or Balconies
- Available For Immediate Move-In

William C. Smith & Co. www.wcsmith.com

Capitol Heights
Addison Chapel Apartments

Up to \$800 off the rent! - Call For Details**Hurry Limited Time Only!**

1 Bedroom's from - \$799
2 Bedroom's from - \$909

ALL UTILITIES INCLUDED For A Small Fee**BRAND NEW RENOVATED OPTIONS**

Some Restrictions Apply

CALL NOW (866) 574-7408

1425 Elkwood Lane, Capitol Heights, MD 20743

Carlyle @ Harbor Pointe

Only Gated Community in Oxon Hill, Md
Upgraded apartment homes
Wall to Wall Carpet
Updated Kitchens & Bathrooms
Minutes away from New National Harbor
Military discount available

\$87.50 Moves you in!!
Save \$1300
We work with all credit

5618 Livingston Terrace
Oxon Hill, Md 20745
301-839-4000 office

Hours: Mon-Fri 8:30-5:30, Sat 10-5, Sun 1-5
We are a Pet Friendly Community

Capital Heights

Woods At Addison

6500 Ronald Rd.
Capital Heights, MD 20743
888-291-7383

1BRS Starting at \$910
\$99 Security Deposit

- Spacious Floor Plans
- Huge Closets
- On-Site Laundry Facilities
- Resident Controlled Access
- Choice of Patio or Balcony

William C. Smith & Co.
www.wcsmith.com

Chapel Oaks Subdivision—\$1450.00, 4 br, 1 1/2ba, Newly Ren, Open House 3/20/10 10am-1pm, 240-508-3393

CLINTON, MD—Large rooms for rent.
Everything included. \$600-\$1200.
Call Miss Green, 202-710-9329

A Perfect Home You Will Love!

- * Renovated Apts.
- * New Laundry Facility
- * Walk To Van Ness Metro
- * Convenient to shopping, restaurants and more!
- * Incredible fitness center
- * Fully equipped business center
- * Resident Lounge/WIFI
- * Private Courtyard Studios, 1 & 2 BRs fr. \$1345

The Chesapeake**888-258-8171**

ASK ABOUT OUR GREAT SPECIALS!
for more info text **CHESAPT** to 29999

Conn. Ave NW

A Retreat within The City

- Modern apartment homes
- Washers/dryers in each apartment
- High-tech business center
- State-of-the-art fitness center
- Garage parking
- Stunning views of DC
- Walk to Van Ness Metro, shopping & more!

1 & 2 BRs fr. \$1575**The Saratoga****888.258-8171**

ASK ABOUT OUR GREAT SPECIALS!
for more info text **SARADC** to 29999

Deanwood—\$1300, 2BR 1BA Condo, DW, Nr Pub
Trans Hw Flrs, Gr C/top, New Cpt, W/D, Sharif 202-276-6081

Dupont Circle—\$2150, 1BR/1BA, 1320 21st St.
#106, Patio, Fplc, WD in unit, DW, HwFlrs, Dogs
ok, Op House Sun. Mar 14, 1-4:00, 703-403-7193

East Tantalum—\$1,900, 4 br, 2 ba, 1 1/2ba, 2
Fls, 12704 Gable Court, Fort Washington, MD, DW,
porch-patio, WW Carpet, Form DR, Form LR, Eat-In
Kitchen, 301-346-8291

Fairfax

**NOW LEASING--NEWLY RENOVATED
CARDINAL COURT**

Located near Rt 50/Main St

1 BR from \$1095 2 BR from \$1275

- Hardwood floors
- GE Profile appliances
- Private balcony/patio
- FREE Parking
- Short walk to CUE Bus/GMU
- Minutes to Vienna Metro/Fairfax County house/Fairfax Government Center
- Nearby shopping and dining

Call 1-888-347-1939

10805 Harvey Drive, Fairfax, VA 22030
www.cardinalcourtapartments.com

**VANTAGE**

At Merrifield Town Center

2 BRs from \$1,995!**Hurry - Limited Time Offer!*

*Subject to change
without notice!*

8190 Strawberry Lane
Falls Church, VA 22042
vantage.merrifieldapts.com
571-297-4760

TOLEDO PLAZA

Apartment Homes

*Come get your key
to something special!*

2 BRs from \$1,120

3 BRs from \$1,425

UTILITIES INCLUDED!

Call for details:

301-559-2100

3215 Toledo Place • Hyattsville, MD 20747

toledoplazaapts.com

FCP Owned

Forestville, MD

Rochelle Hall Apartments

New Year Special

TWO MONTHS FREE

Lovely and spacious 1,2 & 3 Bdrm Apts and townhomes starting at \$870 (Gas & Water Included). Located on 2 major subway lines and a bus stop. Must see with skylights, high ceilings, private entrances and quiet small community. TWO MONTHS FREE!!

Contact (301) 967-0082

FOREST HEIGHTS

Park Forest

TEXT PARKFOR TO 29999
1BR \$765 • 2BR \$855

- ✦ Community center/tennis courts
- ✦ Walking distance to shopping
- ✦ Beautiful manicured lawns
- ✦ Wall to Wall Carpet
- ✦ Window in kitchen & bath
- ✦ Controlled building access
- ✦ On site laundry rooms

625 Audrey Lane, Oxon Hill, MD 20745
877-221-7315
www.theparkforest.com
Mon-Fri 9am-6pm • Fri 9-6pm • Sat 10-5pm • Sun 12-4pm

PENN LANDING

APARTMENT HOMES

**COME VISIT US AND UNLOCK
SOMETHING SPECIAL!**

WE'LL GIVE YOU THE KEY!**1 BRs from \$690* • 2 BRs from \$767***

*Limited Availability. Restrictions Apply.

CALL FOR DETAILS/DIRECTIONS NOW!**301-735-3200 • Pennlandingsapts.com**

GATES+HUDSON
Estate Planning & Management, Inc. 1988

FCP Owned.
"Managed with Pride"

District Heights

VALLEYBROOK APARTMENTS

- ✦ Some Units Newly Renovated
- ✦ Wall-to-Wall Carpet
- ✦ Private Patio or Balcony
- ✦ Individually Controlled Heat & AC
- ✦ Bus Stop at Entrance

*Tight Budget?***WE PAY 50% OF ELECTRIC*****WE PAY GAS AND WATER*****See manager for details.***888-842-3442****2128 County Road**

**United Investors
MANAGEMENT CORP**



**Live rent free
for 2 months!***



- Walk to Friendship Heights Metro stop
- 100% brand new. 100% beautiful.
- Studio, 1, 2 and 3 bedrooms
- 24-hour Resident Concierge
- Caliber™ Sports Club
- Expansive Club Suite
- Rooftop pool
- Penthouses available

**ARCHSTONE
WISCONSIN PLACE**
LUXURY APARTMENTS

4440 Willard Avenue
Chevy Chase, MD 20815
866.482.9054

ArchstoneWisconsinPlace.com

* New leases only. Offer available with select lease terms, call or visit the community for full details.

RENTALS

Forestville

OAKCREST TOWERS
APARTMENT HOMES
\$99 SECURITY DEPOSITS
GREAT SPECIALS AND NOW OFFERING GOVERNMENT DISCOUNTS!

SPACIOUS STUDIOS FROM \$699
HUGE 1 BEDROOMS FROM \$899
HUGE 2 BEDROOMS FROM \$1179-\$1431

Controlled Access...Gated Entry...Tennis Courts
Fitness Center...Convenience Store...Dry Cleaners
1.5 Miles to Metro...Party Rooms...Accent Walls
Brand New Renovated Apartment
Options and so much more!!!

For a limited time only / SOME RESTRICTIONS APPLY / *FOR A SMALL FEE

CALL NOW (888) 831-6315

2100 BROOKS DRIVE • FORESTVILLE, MD 20747
WWW.OAKCRESTTOWERS.COM

ALL UTILITIES INCLUDED*

FREE CRUISE FOR TWO!
Lease now and Get A
FREE 5 Day/4 Nite Cruise-
PARKWAY TERRACE APTS
1 & 2 BRs fr \$770

- Walk to Metro/Tennis Courts
- W/W Carpet or Hardwood avail
- Keyed entry ways
- Parklike setting w/picnic tables & grill

MAXIMUM INCOME LIMITS APPLY
877-608-6548
More Info: Text FORT to 29999
3415 Parkway Terrace Drive Suitland, Md. 20748
Mon-Fri 9-5 Sat. 10-4 Managed by the E&G Group

GREENBELT Within Walking Distance to Metro

EMPIRIAN VILLAGE
HAS IT ALL!

Rents start at \$ 799*

All Credit Considered
Foreclosure Applicants Welcome
5 Minute Pre-Approval
Military Discounts Available

866-513-7965
6220 Springhill Dr., Greenbelt Md 20770
**while supplies last
must move in by 3/26/2010*

Hyattsville

UNIVERSITY CITY
APARTMENTS
ALL UTILITIES INCLUDED
For a small fee

1 & 2 Bedrooms
from \$799 - \$929

TEACHER/POLICE/EMS/NURSE PROGRAM DISCOUNT!

\$99 Security Deposit
(for qualified applicants)

BRAND NEW RENOVATED APARTMENTS
from \$819 - \$1029

CALL NOW (866) 405-6986
2213 University Blvd.
Hyattsville, MD 20783

Hyattsville EHO

FREE UTILITIES
Until June 2010

1 BRs \$ 870
2 BRs \$1075

- Newly remodeled apts
- Dishwasher
- Polished hardwood floors
- Controlled access entry

Queens Manor
(301) 637-2039
Income restrictions apply / call for more info

HYATTSVILLE

\$999 2 bedroom apartment
CALL 301-358-3987
Limited Availability EHO

HYATTSVILLE

Spring is here at

**Quincy Manor/
Monroe Gardens**

Open House Sat. Mar. 20th
9am-4pm

1 & 2BR Starting from \$600

5 Minute Pre-Approval

\$99 Security Deposit
on approved credit

CALL now for details
301-277-6610

INDIAN HEAD, MD - Townhome, 3 Bedroom,
1.5 Bath. \$1500/month. Section 8 Welcome.
Please call 202-409-6414

Lanham

Finian's Court Apartments
7740 Finns Ln. Lanham, MD

1, 2, & 3 bed renovated apt. homes
starting at \$899!

Move In Specials
call for details

Huge Apartments
Walking distance to
New Carrollton Metro

Close to US 50, 495, BW Parkway

Call Terel@ 202-574-8199
to schedule your appt!

LANDOVER

Maple Ridge
888-583-3045
2252 Brightseat Road • Landover, MD 20785

OXON HILL

Colonial Village
888-583-3047
908 Marcy Ave. • Oxon Hill, MD 20745

LANDOVER HILLS

Calvert Hall
Apartments
877-203-6036
3817 64th Ave. • Landover Hills, MD 20784

HYATTSVILLE

Fletchers Field
Apartments
866-805-0782
5249 Kenilworth Ave. • Hyattsville, MD 20781

Come Visit us Mon.-Fri. 8-5, Sat. 10-4, Sun. 12-4

Landover

Cheverly Crossing
3839 64th Ave. Landover, MD

1, 2, & 3 bed renovated apt. homes
starting at \$850!

****REDUCED SEC. DEPOSITS!!!!**

No App Fees, just bring 2 paystubs
& driver's license!!!

Call Bruce @ 202-315-1113
to schedule your appt!

NE

JETU APARTMENTS
869 21st St

1 and 2 BR Starting @ \$745

- FREE UTILITIES
- Wall-to-Wall Carpet
- Resident Controlled Entry
- On-site Laundry & Playgrounds
- 24-hr. Emergency Maintenance
- Steps away from Cafe, Shopping & Metro
- Pick your accent wall

877-814-0692
William C. Smith & Co./EHO
www.wcsmith.com

NORTHEAST

Free Cruise for 2
Lease Now and Get a FREE
5 Day/4 Nite Cruise
Fort Chaplin Park
4212 East Capital St. NE
One Block from Metro - Free Off-Street Parking
Window Treatments - Landscaped Courtyards
One & Two Bedroom Apartment Homes
Three Bedroom Townhomes
5% Disc. Metro & DC Govt Employees
877.889-4433
M-F 9-5 Sat 11-3
Text FORT to 29999 for More Info
Housing Choice Vouchers Welcome where Rents are Within
Voucher Limits

• Gated Community
• Free Gas & Water
• State-of-the-art fitness center
• Free 6 week summer camp
* select units

CALL ABOUT FANTASTIC SPECIALS

• FREE UTILITIES
• Swimming pool
• Free 6 week summer camp
• Private balconies/patios
• Minutes to Metro, DC, Virginia, and 495

CALL ABOUT FANTASTIC SPECIALS

• Gated Community
• FREE Gas & Water
• Free 6 week summer camp
• B/W Parkway, Metro, 495
• New Walmart
• Across the Street
• APPLY NOW-Move in by 1/31/10.
Call for details.

MOVE IN W/SEC. DEP ONLY! 1ST MONTH FREE*

• FREE UTILITIES
• Spacious and modern apts
• Wall to Wall carpet
• Dishwasher
• Private balconies/patios
• Free 6 week summer camp

CALL ABOUT FANTASTIC SPECIALS

William C. Smith + Co.
EQUAL HOUSING OPPORTUNITY

RENTALS

RIVERDALE

1, 2, & 3 BR Apts **Huge 2 BR Townhomes**

Parkview Gardens

888-251-1872
6400 Riverdale Road • Riverdale, MD 20737
GATED COMMUNITY
Furnished Apartments**

- Fitness Center on Property
- Washer/Dryer**
- Beautiful Kitchens-Granite Countertops**
- Outdoor & Indoor Pools
- Free 6 week summer camp

****Select Units**

Call Now For Our FANTASTIC SPECIALS

Riverdale Village
800-767-2189
5409 Riverdale Road • Riverdale, MD 20781

- Roomy, Modern Apts
- Private Balconies/Patios
- Free 6 week summer camp
- Cathedral ceiling
- *select units
- 1, 2, & 3 BR AVAILABLE
- HUGE 2 BR TOWNHOMES

Call Now For Our FANTASTIC SPECIALS

LANDOVER

Kings Square Apartments
877-898-6958
3402 Dodge Park Road • Landover, MD 20785

- FREE UTILITIES
- Walk to Metro
- Walk to Elementary School
- Daycare on Premises
- Free 6 week summer camp
- Security Deposit payment plan (call for details)

Call Now For Our FANTASTIC SPECIAL

HYATTSVILLE

Fleetwood Village Apts
866-315-8849
721 Chillum Road • Hyattsville, MD 20783

- FREE WATER, GAS HEATING & COOKING
- Right on DC and Maryland line
- Close to Fort Totten & West Hyattsville Metro
- FREE APPLICATION FEE
- Free 6 wk summer camp
- Convenient to shops, schools and I-495

Come Visit us Mon.-Fri. 8-5, Sat. 10-4, Sun. 12-4
CALL FOR FANTASTIC SPECIALS!

William C. Smith + Co.
EQUAL HOUSING OPPORTUNITY

RENTALS

Northwest

Looking For An Apartment In Northwest?

William C. Smith + Co.

APARTMENT LOCATOR SERVICE
Washington DC's Premier Service

Contact Us For A Listing Of All Our Available Units.

EMAIL: Rentnow@wcsmith.com
or 202.407.9687

Looking for an Apartment... We Make it Easy!

William C. Smith + Co.
EQUAL HOUSING OPPORTUNITY

RENTALS

NE Ames Street Apts.

3533 Ames St. NE • Wash., DC 20019

**All 1 Bedrooms only
\$725/month!
APPLY FOR FREE!!!
ONE MONTH FREE!***

- Renovated 1 bedroom apts!
 - Near Minn. Ave Metro Station
 - 24 Hour Emergency Maintenance
- Showing apts. 7 days a week!
Call Greg at 202-315-1116
for an apt. TODAY!

* Restrictions Apply!



DOWNTOWN NORTHWEST

City Living at its BEST...

**1 BRs from \$1416
2 BRs from \$1676**

Only Steps to Metro, Restaurants, Museums, Verizon, Chinatown & More!

- Gated Parking
- 1 Block from New Convention Center
- Laundry Facilities on 2nd Floor

Washington Apts
1201 6th St., NW
Open Mon-Fri 9-5:30, Sat 10-2
877-231-1135
*Limited Time Only

NW DC-- 5 BR, 1.5 Ba, newly renovated, finished basement, new carpet, near metro. \$2800 + utilities. Section 8 ok Please call 202-250-1096

Northwest-Columbia Heights

Hilltop House Apartments
1475 Euclid St. NW
Washington, DC 20009

(888) 636-6513

**Open House Saturday 3/13/10
12PM-3PM**

EFF: \$1005

- *FREE Utilities
- *Central AC/Heat
- *Hardwood/Carpet Flooring
- *Resident Controlled Entry
- *Laundry Facility
- *24 Hrs. Emergency Maintenance Service
- *Metro Accessible
- *Parking Available

William C. Smith + Co./EHO
www.wcsmith.com
Rentnow@wcsmith.com

Northwest-Columbia Heights

Meridian Park
2445 15th St., NW
202-232-1471

**1BR Starting At \$1250
Plus Cooking Gas & Electric**

- *Renovated Building & Units
- *Hardwood Floors
- *Elevator Building
- *On-site Laundry
- *Adjacent to Meridian Hill Park

William C. Smith + Co./EHO
www.wcsmith.com
Rentnow@wcsmith.com

Northwest-Scott Circle

**1500 Massachusetts Ave., NW
(202) 509-0958**

**Eff Starting at \$1095
1BR Starting at \$1400**

- All Utilities Included
- Near Dupont Circle
- Convenient to Metro
- 24 Hour desk staff & Maintenance

William C. Smith + Co./EHO
www.wcsmith.com
1500mass@wcsmith.com

**NW - 1BR \$930 incl utils. Laundry on-site.
Ms. Mitchell 301-316-4590**

Parkland Village Forestville
Immediate M/I & 2BRs
CAC, D/W, W/D in each apt
No Pets EHO Income restrictions apply
Call today 1-866-412-1529

**RIVERDALE -- 4 Bedroom, 2 Bath, SFH, off
street parking, cable ready. Section 8 welcome.
\$2300/month. Please call 301-864-0435**

RENTALS

RENTALS

**Great Places
to Call Home...
CALL NOW!**



DC PROPERTIES



NW; Brightwood - Studio, 1BR Apts. Available!
Close to multiple bus lines, downtown DC, Downtown Silver Spring. Located on quiet tree lined street starting at \$725 and up



**NE; Woodridge - Large Sun Lit Studio,
1BR Available!**
Close to multiple bus lines and RI Ave Metro and Downtown DC. Starting at \$700 and up



SE; Studio and 1BR Available!
Close to Pennsylvania Ave. and Minnesota Ave., multiple bus & metro lines. Starting at \$750 and up



**SE; Brand New Beautiful 1 BR Homes
Starting at \$1183**
Private parking, W/D in unit, Central air, stainless appliances, Dishwasher and so much more

MD PROPERTIES



Hyattsville - MD - Beautiful Garden Style Apts.
All Utilities Included & FREE Parking
Close to 410 and Rt. 1, bus lines, PG Plaza, AVAILABLE!
CALL 301-779-6037



202-244-3811
WWW.UIPPM.COM

**U-I-P property
management, inc**

RIVERDALE

East Pines Terrace

RIVERDALE

MOVE-IN SPECIAL

- *Spacious Studios
- *1 BR & 2 BRs
- *Walk-in Closet
- *Balconies
- *Laundry Room

**Free Ggs - Near Metro
Delwin Realty**

**Text Pines To 20999
888-754-3042**

6747 Riverdale Rd. Riverdale, MD 20737

SE YOU'LL LOVE

Your New Home At

FRIENDSHIP COURT APARTMENTS

One & Two Bedrooms Available
NO APPLICATION FEE • NO DEPOSIT*

*New Qualified Applicants Only

Call TODAY For Exciting Details!

888-264-4495

Professionally Managed By Cih Properties, Inc.

**SE- 150 Xenia St. 1 & 2 BR starting at
\$725/mo+utilities. Secure building, priv pkg, Lrg
floor plan, w/w carpet, on-site laundry facility.
Delwin Realty 202-561-4675**

**SE- 4020 6th St. 1BR, liv rm, w-w crpt, newly renov
kit/BA, laundry on site, nr bus route, utils not incl.
Lease \$700, sec dep \$650. 301-894-5575**

SE Cascade Park Apts
4236 4th Ave SE Wash, DC 20032

3 Beds starting at \$1495
4 Beds starting at \$1600

ONE MONTH FREE!*
Ask about our 2BR specials!
Housing Choice Voucher
Accepted!

Open Weekends

**24 Hour Emergency maintenance
HUGE APARTMENTS!**
Close to Metro, Bus stop on Site!

**Call Terrace @ 202-562-1600 for
an apt. TODAY!*** Restrictions
Apply!

**SE- Congress Heights, 444 Melon St SE. 2BRs
Newly renov, W/D, D/W, CAC. Section 8 welcome.
\$1400. Call Tommy 202-744-9872**

**S.E. DANBURY ST. - Attractive 1BR \$695.
1st month rent free. Good Credit Required.
Metro Bus at Corner. Call 202-563-1791**

SE-Randall Highlands

Hillside Terrace
1812 23rd St., SE

1-866-646-7056

1BR From \$765

**Zero Application Fee!
\$300 Off 1st Month's Rent!**

*Beautiful Apartment Community
*Renovated Kitchens and Baths
*Ample Closet Space
*Close to Shopping
*On & Off Street Parking Available

William C. Smith + Co./EHO
www.wcsmith.com

Welcome Home

Seven Springs Village

888-425-8068

9310 Cherry Hill Road,
College Park, MD 20740
SevenSpringsVillage.com

**Studios
from \$899**

- All Utilities Included
- Onsite UMD & Metro Shuttles
- Pool & Fitness Center

Summerlyn Place

888-804-3324

14706 Normandy Court
Laurel, MD 20708
SummerlynPlaceApts.com

**1BRs
\$699**

- Each apt. w/washer & dryer
- Designer Kitchens
- Ask About Free Rent

Sutton Walk

888-687-7582

5306 85th Ave.
New Carrollton, MD 20784
SuttonWalk.com

**1BRs from
\$828**

- Up to 3 Mos. Free Rent
- Beside New Carrollton Metro and MARC Train
- Washer/Dryers
- Near DC and Major roads

Cypress Creek

888-217-1901

5603 Cypress Creek Drive
Hyattsville, MD 20782
CypressCreekApts.com

**1BRs
\$888**

- Each apt. w/washer & dryer
- Eye-Opening Renovations
- Spacious and open floor plans

Eastdale

888-795-7042

6021 67th Avenue
Riverdale, MD 20737
EastdaleApts.com

**1BRs \$899
2BRs \$1099
3BRs \$1299**

- Spacious floor plans with huge closets and updated kitchens!
- Great location close to Metro

REALTYAPTS.COM

DELWIN APARTMENTS

4200 S. Capitol Street, Washington, DC 20032



888.429.6556

- HUGE 1, 2 & 3 Bedrooms Available
- Starting From \$725
- Water, gas and sewage included!
- Private Parking near Metro
- Close to 295, 495 & The National Harbor

GREENWOOD MANOR APTS.

2343 Green Street SE • Washington, DC 20020



888.349.9884

- 1 & 2 Bedrooms Available
- Starting From \$700
- Private Parking Lot
- Spacious Floorplans with Hardwood Floors
- 5 Minutes to the Green Line Metro

WWW.DELWIN-REALTY.COM

Your Property Management Solutions



RENTALS

SE

Worthington Woods
4419 3rd St., SE
1-888-790-1840

Open House 3/20/10
9AM-3PM

1BR Special Starting at \$665
2BR Special Starting at \$765

FREE Heat!!!!
Totally Renovated Property
New Kitchens & bathrooms
New Playgrounds
Laundry facilities on-site
On-site parking
Adjacent to 295, 395 and the Capital Beltway
Metro bus stop on site
Ask about our extended hours

William C. Smith + CO./EHO
www.wcsmith.com

SE- 1550 27TH ST SE- Lrg 1 BR apt, \$725 all utils incl. Secure building. Near Metro.
Delwin Realty 202-561-4675

SE- Congress Heights. 4250 6th St SE. 4BR apt. Newly renov, W/D, sect 8 ok. \$500 to qual appl. \$2150. Call Tommy 202-744-9872

SE

Halley House
3730 M. L. King Ave., SE
1-888-865-0763

1BR Starting @ \$710
2BR Starting @ \$835

*Upgraded Kitchens & Lighting
*Spacious Floor Plans
*Hardwood Floors
*Walk-in Closets
*Walk to Metro

William C. Smith + Co./EHO
www.wcsmith.com

ShIPLEY Park Apartments
2532 Southern Ave., SE
Washington, DC 20020
1-888-286-7195

1BR Starting at \$765

Move In Gift!!!*

*Newly Renovated Apartment Homes
*Hardwood Floors
*Oaks Kitchen Cabinets with Breakfast Bar
*Microwave, Dishwasher, Garbage Disposal
*Controlled Access
*Central Heat & A/C
*Laundry Facilities
*FREE Shuttle Bus
*Near THEARC

William C. Smith + Co./EHO
www.wcsmith.com
*must move in by 3/15/10

Silver Spring EHO

WINDSOR COURT
AND TOWER APARTMENTS
Open House 3/27. 10-5
Enter for a Chance to Win
ONE MONTH FREE RENT
\$0 Application Fee /\$0 Holding Fee

Stop in or call today
13802 Castle Blvd. #103
Silver Spring, MD 20904

Text WINDSOR to 29999 for more info
888-255-6159
*New move-ins only WITH THIS AD

Silver Spring—\$2350.00, 4 br, 3 ba, 1/2ba, 3 Fls, 2 Car gar, 2912 Memory In Silver Spring, 20904 deck/patio, kitchen renovated, Nearby School, Form DR, Form LR, WD, Fp/c, tom @ 240-286-2329

Silver Spring Renov Split lvl 5 br, 2.5 ba, DR, LR, Den, EIK, 2 car attach gar, CAC/heat, new carpet W/D. Near Metro. \$2250/month 301-437-4536

Silver Spring
The Comforts of Suburban Life You Want,
Close to Everything You Need.

The best value...the best price...
1 BR Pre-Opening Special From \$960
Plush wall-to-wall carpeting | Individual washer/dryer
Walk-in closets | Private patio or balcony

MONTGOMERY TRACE
APARTMENT HOMES

Edgewood
14120 Grand Pre Road | Silver Spring, MD 20906
888-315-2018
Montgomerytraceapartments.com



SILVER SPR/Forest Glen Metro

Ask About Our
\$499
Move In Special

1 BEDROOM GARDEN APTS
UTILITIES INCLUDED

Forest Glen Apartments
CALL TODAY!
301-593-0485



SILVER SPRING
ASK ABOUT OUR REDUCED RENT SPECIALS!
Apply same day and receive
an additional \$300 Bonus
w/this ad!*
Prices Starting at \$999

• Washer and dryer in every apartment
• Sunny eat-in kitchen
• 24-hour fitness center
• Relaxing swimming pool
• Convenient to public transportation

ASHFORD
at WOODLAKE
14175 Castle Blvd., Silver Spring, Md. 20904
(877) 678-8539
www.ashfordatwoodlake.com

Silver Spring

GREAT SAVINGS
with
Reduced Rent Specials!
Rents starting at \$1006*

• New Appliances
• New Cabinets
• New Clubhouse, fitness & business center

Woodvale
(866) 522-5427
*limited time offer on select apts.



Silver Spring Convenience

Spacious 1 Bedroom with hardwood floors,
free, assigned parking, parklike setting.
WALK TO METRO

from \$940
UTILITIES INCLUDED

CALL TODAY
240-393-7386
Ask About Our Special
HILLBROOKE TOWERS APTS.



Families and Seniors
Come See Our
Beautiful 1 & 2 BRs

• Gated Community
• Free High Speed Internet
• Fitness Centers
• Washer/Dryer in Select Units
• Controlled Access

THE OVERLOOK
@ Oxon Run

3700 9th Street, SE • 888.644.2773

*Bring ad & app fee waived.
Seniors receive 30% rent reduction.



SOUTHWEST

\$25 off each Month +
Cruise Certificate
Lease now and get a free
5 day/4 night Cruise!

EFFICIENCY, 1 AND 2 BEDROOM APTS
W/W carpet, Central Air/Heat, Dishwasher,
Laundry Facility, Free Parking
A Perfect location on Metro
EAGLES CROSSING
116 Irvington Street SW,
Washington DC 20032
Text **EGGROU** to 29999 for more info
(877) 841-3674
M-F 9-5, Sat/Sun 10-4
Housing Choice Vouchers Welcome
*CALL FOR DETAILS



SOUTHEAST

\$50 off ea. month Plus
Cruise Certificate
Lease now and get a free
5 day/4 night Cruise!

Meadow Green Courts!
LARGE 2 & 3 br apts. Available
Convenient to shopping, schools,
Dishwasher, Walk-in closets.
Wall to Wall Carpeting.
5% DISC. TO METRO & DC GOVT EMPLOYEES
(877) 464-9774
3539 A Street SE
Text **MGCOURT** to 29999 for more info

Housing Choice Vouchers welcome where rents are within
voucher program limits



Looking For
An Apartment
Home In
Southeast?

William C. Smith + Co.

APARTMENT
LOCATOR
SERVICE

Washington DC's Premier Service

Contact Us For A Listing Of Our Available Units.
EMAIL: parklandsrental@wcsmith.com
or call 202.509.3250

Walk to Super Giant, I-Hop & more
next door at the Shops at Park Village

William C. Smith + Co.







South East
1/2 off 1st and 2nd Month Rent
and Free App Fee and \$250 Deposit
for Immediate Move-Ins

PARK NAYLOR
1 BR starting from \$895 - \$995
2 BRs from \$1019 - \$1119
2 BR DUPLEX \$1090-\$1190

• Central A/C & Heating
• Free Heat & Gas
• Community Center
• Controlled Building Access

• Renovated Apartments
• Patios/Balconies
• Ask About Our Government and Senior Discounts

888-703-6882
2562 Naylor Road, SE
Washington, DC 20020



SE

OPEN HOUSE
Wednesday, March 17
5 pm - 7 pm

NO APPLICATION FEE
• Close to Metro, schools & shopping
• Great location in a park-like setting
• Laundry facility on property
• Intercom access to every bldg.

Banneker Place Apts.

3738 D Street SE • Washington, DC 20019
(202) 584-1688
• Professionally Managed by CIH Properties



SE

Get Ready for Spring
In Your New Home!
\$250 OFF 1ST MONTH'S RENT ON 1 BRS
NO APPLICATION FEE*

• Completely Renovated
• Large rooms w/wall-to-wall carpet
• Pools & Playground
• Laundry Rooms

River Hill Apartments
(202) 562-5060
Near Bolling AFB
Professionally managed by CIH Properties, Inc.

* Must move-in by 3/26/10



SW

Utilities Included
Capitol Park Plaza
TEXT CAPPARK TO 29999

• Studio's from \$900
• Balconies w/ Great Views
• On-site Parking
• Fitness Center/Swimming Pools
• Convenient to Shopping, Restaurants and Entertainment

SUN:12PM-4PM • M-F:9AM-6PM • SAT:10AM-5PM
201 I Street, SW, Washington, DC 20024
1.877.870.0243
www.capitolparkplaza.com

Restrictions Apply



First Time Renters Welcome

TERRACE MANOR APTS
3347 23rd Street, M-F 9-5 & Sat
202-678-0721
One Bedroom starting at \$640
Two Bedroom starting at \$750

Off Street Parking • On Bus Route • Near Green Line Metro
W/D in select units • Housing Choice Vouchers Welcome



SOUTHEAST, DC
Rent ASAP And Win LCD TV

Stanton Glenn Apartments
WHEN LOCATION MATTERS,
LIVE HERE!

• Spacious Apartment Floor Plans
• Lofts/Skylights
• Alarm System in Unit
• Washer & Dryer in Unit
• Open Kitchen
• Fitness Center & Club House

3048 Stanton Rd., SE, Suite #104 • Washington, DC 20020
(202) 509-0955
Contact Leasing Specialist For More Information



Southeast

Newly Renovated
2 & 3 Bedrooms
The Village at Chesapeake

• W/W carpet & Hardwood Floors
• Central Air
• Near DC/MD METRO
• On-site Laundry
• 24hr. maintenance
• Future On-site Learning Center
• Affordable Section 8 Welcome
• Subject to criminal and credit checks
• Controlled access buildings

Ask About Our Move -In
Specials!!!

202-561-2050 M-F 8-5, Sat. 10-2
• A VESTA PROPERTY



SUITLAND

WINDHAM CREEK
APARTMENTS

1 Month FREE
Must move in by 3/31/2010
Limited Availability

ENJOY THE COMFORTS OF:
PLUSH CHAMPAGNE COLORED CARPET
FULLY EQUIPPED EAT IN KITCHEN
ENORMOUS WALK IN CLOSETS
GATED COMMUNITY
LAUNDRY FACILITIES
PLAYGROUND

Windham Creek has everything you have
been searching for...Call NOW!
(301) 568-6400



RENTALS

Walk to Metro!

1, 2, & 3 BDs starting at \$895

- Walk to Suitland Metro
- Ask about our military discounts
- Swimming pool + playground
- Spacious floorplans

HICKORY HILL

3613 Silver Park Drive, Suitland, MD

(301) 358-2722

LiveatHickoryHill.com

Prices are subject to change

ALLENTOWN APTS. SUITLAND
MOVE IN BY 3/25 AND
NO RENT UNTIL APRIL

Immediate Move-In 2 & 3 Bdrms
Wall-to-wall Carpet. Central A/C, Dishwasher
On-site Laundry care, Private balcony. No Pets
All Credit Considered

Call Today! 866-443-5938

Income restrictions

EHO

LOW

Rents Start at

\$699!

Open Late on Wednesdays!
HUGE Walk-In Closets
Washer/Dryer Available
Walk to Suitland Metro!
GREAT Location

Call now to schedule a tour!

SHADYSIDE GARDENS
877.338.2594



www.equitymgmt.com

2 Bedrooms

now reduced to

\$979!

HUGE Closets
Washer/Dryer in Each Home
Near Andrews AFB & Suitland Metro
On Bus-Route

Call to find out about our great specials!

FOREST VILLAGE
888.805.6423

www.equitymgmt.com



SUITLAND

\$499

MOVE IN SPECIAL*

1 & 2 BRs from \$755
SPECIAL LOW DEPOSIT!
UTILITIES INCLUDED!
Remodeled w/new Kitchens

- DIRECTLY ACROSS FROM METRO!
- Hardwood floors, Mini-blinds
- Laundry facilities on-site
- Free parking

SILVER HILL APTS.

301-423-3131

*plus deposit. Call for details

SUITLAND

Rents as low as \$800/mo
\$199 Move-in Special
Waive Application Fee
All Credit considered

Pinewood Chase

5601 Regency Park Ct #7

Suitland MD 20746

866-414-2477

www.beaconmanagement.com

*Move in no later than 3/31/2010

"MARCH" on into Friendship Crossing

FREE Application Fee*
FREE Security Deposit*

- W/W carpet
- Gated Community
- Modern Kitchen w/Breakfast bar
- Laundry room in every Bldg



57 Galveston Street, SW

Washington, DC 20032

888-849-8052

Professionally Managed by CIH Properties, Inc. *New Applicants Only!

SW- 4746 South Capitol Terrace SW. 2 Bedroom-
\$750+ gas & electric, w/w carpet, private entrance,
near metro. Delwin Realty 202-561-4675

SW

OAK PARK APARTMENTS
125 Ivanhoe St. SW
Washington DC 20032
202-574-8199

Move in by Feb. 28th and receive a
32 inch LCD HD Flat Screen television.

1 bedrooms starting at \$725
2 bedrooms starting at \$825

*Section 8 Vouchers Welcome
* Location * Location * Location
* Located within minutes to 295, 395 and 495
* Security Deposits starting at 250, pending credit
* Don't wait move in today!!! Units Ready!!!

Temple Hills

**OXON PARK & OXON TERRACE
APARTMENTS**
EZ ON THE BUDGET
1-BEDROOM \$735.00/\$805.00
2-BEDROOM \$845.00/\$925.00

AND A GREAT MOVE-IN
SPECIAL FOR YOU
½ OFF 1ST MONTHS RENT

- ALL UTILITIES INCLUDED
 - WALL-WALL CARPET
 - THREE BLOCKS FROM SOUTHERN AVE. STATION
 - READY FOR IMMEDIATE OCCUPANCY
- HURRY!!! LIMITED TIME**
■ CALL US TODAY! 301- 894-3030

TEMPLE HILLS

1 Month FREE

Must Move In by 3/31/2010
Limited Availability

Call Now, ask for Angel
866-370-5749

*limited availability/please call for details
EHO

The Coronado Apartments

Bladensburg/MD -5200 Quincy

Large 1 & 2BR's, \$625- \$725 +
\$200 security deposit if qualified,
newly decorated, wall wall, cac,
free heat/hw, balconies,
free parking for 6 months,
laundry facilities, showings
Gene Wason 301-589-6000 x109

Frank Emmet Real Estate, Inc.
Equal Housing Opportunity

WAGGAMAN CORPORATION: 202-537-8970

Presents!!

NW: 2839 27th St. EFF \$899 + e + g; Near Wood-

ley Park Metro! (202) 537-8970

NW: 5925 14th St. 1 BR \$819; Near Military Rd.

Laundry in bldg. (202) 537-8970

NE: 4001 Hayes St. 1 BR \$680 + e; Near Minn.

Ave. Metro! (202) 537-8970

SE: 4010 9th St. 1 BR \$680 - \$ 688 + e. Off Willard

Road. (202) 537-8970

Housing Choice Voucher Welcome

Equal Housing Opportunity

metro►pointe

NEW LUXURY APARTMENTS

877.464.9081 ► MetroPointeApts.com

Directly above Wheaton
Metro-Red Line

Up to 2 months free on
select 1- & 2-bedroom apts

Prices starting at \$1,421

11175 Georgia Avenue ► Wheaton, MD 20902

NEWLY RENOVATED

2-Bedroom + Den Townhomes
Rents starting at \$1687

INCREDIBLE LOCATION

NEAR GLENMONT & WHEATON

METRO STATIONS (RED LINE)

- Oversized Windows • Gourmet Kitchens
- Washer/Dryer • Patio/Deck

THE GLEN

877.588.6552 • TheGlenAptHomes.com

2399 Jones Lane • Wheaton, MD 20902

STRATHMORE COURT

1 block from White Flint Metro
& FREE underground parking

Two months FREE during
OPEN HOUSE
Sat, 3/20 (10am-5pm)
Sun, 3/21 (12pm-5pm)

With 2 months free
1-bedroom apts from \$1,438
2-bedroom apts from \$1,779

866.441.9979 • StrathmoreCourtApts.com
5440 Marinelli Rd • N. Bethesda

ROOMMATES

ANDREWS AFB Area- Furnished,
nice area, kitchen privileges. \$550/month or
\$140/week. Call 301-599-0276 or 301-518-0713

BOWIE- Hse to shr w/ 3 rms avail. Pref female.
1 rm avail w/ shr BA \$475/mo + utils. Avail
March. New carpet. NS. Also 2 rms in bsmt
with pvt BA & fridge, \$800+ utils.
Avail April. NS. 301-332-9984

Bowie- Professional female no smoking, master
br/ba, full house privileges, available immed.
\$700 + 1/4 utilities Please Call 240-472-6942

CAP HEIGHTS - House to share, near Metro/
Safeway/ Laundromat.
Call between 8 am-9pm only 240-328-5209

CAPITAL HEIGHTS, MD- Unfurnished room in
single family home. All utilities included.
Call 240-423-4576

FORT WASHINGTON, MD - Share SFH. Fully
furnished Room with refig, microw, CATV, free
internet. \$175/week. 202-253-6203

GAITHERSBURG, MD-1 room \$299,
or room with pvt BA \$399. In house to share.
Male-pref. No-smkg. Near Metro. 301-219-1066

Grosvenor station. 2 rooms in basement, private
bath, private entrance, \$650-\$750 includes
utilities + security deposit. Call 301-461-4512

HYATTSVILLE/CollegePk — Share house.
remodeled basement, private entrance, near UMD/
Metro. \$730+ utilities. 240-460-1781

HYATTSVILLE -- 1 person to share clean house,
3 blk to PG Plaza Metro Station. No smoking
\$500/\$780+dep 301-567-5930 202-374-6013

LANHAM—Room to rent, share
kitchen, bath & utilities. \$500/month.
(240) 535-5113 or (301) 526-1539

LANHAM, RUXTON DR Furnished rooms, quiet,
no smoking. Utilities included. \$495 and \$520,
deposit. 240-645-2380

LANHAM - Share single family home. MBR
\$600; 3BRs in basement. L.R. pvt entrance.
\$500; deck. big back yard. 240-899-9577

MOUNT RAINIER, MD — Beautiful rooms for rent
M/F. \$600-650. utilities included. Near Bus Line.
week/mo. lease avail. Prof. Mgmt. 301-220-1613

Mount Vernon — Shr lg, clean home nr, shping, pub
trans. Prking, all appl. N/S, N/P \$499 + utils w/lease
703-619-0575

SILVER SPRING/WHITEOAK -- Townhouse to
share., \$600 month plus utilities, free cable/
internet. Male preferred. Call 240-464-6498

SILVER SPRING - NR Glenmont Metro /Bus, 1 rm
available in Single Family Home, Shared kitchen,
Ready 4/1, 301-962-1890, 240-472-8887

SILVER SPRING, MD — N/S Male shr hse. Furn suite.
Cbl/Internet, pvt ent nr trans/shpg, pkg, safe area,
\$165/WK. Utils incl. Call 240-286-5451

SILVER SPRING- GLENMONT- Female, near metro,
N/S, furnished, W/D. \$425 share utilities.
240-997-4212 or 240-330-9036

TYSONS CORNER -- 2 rooms available,
\$800 & \$600. Fitness, tennis, pool, sauna &
24 hour security. Please call 703-798-4743

CONDOS FOR SALE

ALEXANDRIA - Inside the Beltway!
Huge 2BR \$189,900 FHA/VA
EOS-21Condos.com 703-212-2684

HYATTSVILLE-\$69,990- Pent house condo.
\$500 down \$1200/month. Also for rent.
Kevin Lloyd: 301-523-3400 Century 21 TMK

North Bethesda \$635,000

Luxury Condo by Owner

2 Br, 2 1/2ba, 10404 Strathmore Pk Ct, N. Bethesda,
MD, OPEN Sa/Sun, at Grosvenor Metro, 301-493-4733

HOUSES FOR SALE

DISTRICT HEIGHTS- \$94,550. Price reduced.
3BR house. \$700 down less than \$1100/month.
Kevin Lloyd 301-523-3400. C21 TMK

Montgomery Village \$299,900

Fully-Renovated, Lake Views

3BR, 2.5BA, upgr incl granite cntrs, stainless appl,
natural stone baths. Visit 9923lakelandingroad.com

SELL YOUR HOUSE TODAY!
MD/DC/VA Properties. Any Condition. Any Area.
Call for Free Info. 703-957-5452.

LOTS & ACREAGE FOR SALE

AQUASCO \$99,000 EACH
3) 5 acre wooded building lots w/recorded perc's.
Call Phil at 301-752-1931 Residential Plus Realty

REAL ESTATE SERVICES

STOP PAYING RENT- OWN!
Up to \$33K in savings, 0 close, 0 down
\$40K min income. 240-381-1641

COMMERCIAL REAL ESTATE

HYATTSVILLE, MD- For Rent
Furnished class room for 10-12 students.
Call 301-891-8887 or 240-899-3901

CARS

Ford 2008 Escape — Limited, \$19,990, Xlnt cond,
29K mi, loaded, navigationsys, Charcoalint, Silver
ext, factorywty, 410-489-5386

FORD 1990 BRONCO- 5spd, 4x4, V6, 4.9 L,
150k mi, good clutch, runs great, \$1200.
202-744-7187

JUNK VEHICLES REMOVED FREE
CASH PAY FOR ALL
Call 202-714-9835

Mazda 2007 Mazda3 — sGrand Touring Htbcck,
Excellent cond, 42k mi, full loaded, Navigation,
under warranty, \$15900 obo, 202-679-5123

Toyota 2006 Sequoia — Limited, \$28900.00,
Excellent cond, 61k mi, Navigation, Gray int, Black
ext, 4 dr, Htd Seats, DVD, 703-675-5990

WANTED
100 GOOD PEOPLE WITH BAD CREDIT
• None Established • Bankruptcies • Judgments
• Charge Offs • Repossessions • Tax Liens
New Test Program For Automobile
Financing Special Allocation of Funds
NEED A CAR — CALL NOW
Call Mr. Samuals Today • 301-604-1339
Laurel Kia Used Cars & Trucks

Takoma Pk/Silver Spring

OPEN HOUSE

Sat. March 20, 2010
Application Fees will be waived
during Open House
2 BRs start at \$950
3 BRs start at \$1045

Belford Towers

866-485-9179

belfordlease@beaconmanagement.com

or on the web

www.beaconmanagement.com

Pricing & Specials are subject to change.

Equal Housing Opportunity

Temple Hills

EHO

GREAT SPECIALS!

1brs fr. \$699
2 brs fr. \$892

- Spacious rooms & closets
- Free Gas Heat & Cooking
- Free Brinks Alarm System

Harbour Manor
888-309-6929

4513 23rd Parkway
Temple Hills, MD 20748

lookout



Fitting Tribute
Corey Haim's family
gets funeral aid from
Toronto, auction site **35**

Booze Clues

The Emerald Ale

While being a red-haired person on St. Patrick's Day isn't particularly fun — you would not believe some of the pickup lines we hear — we admit that those who can't enjoy themselves on March 17 probably just hate fun.



Though McFadden's (2401 Pennsylvania Ave. NW) will have \$10 car bombs all day — along with a free breakfast buffet and \$5 Irish coffees until 2 p.m., and \$5 Guinness after noon — we can't in good conscience send you into a college bar on St. Patrick's Day. If you choose to indulge, don't blame us when you wake up wearing someone else's clothes in the stockroom of Trader Joe's.

For a much, much classier evening, try the party at Agaiinn (1099 New York Ave. NW). Guinness and Kilkenny drafts will be \$5, as will Irish coffees and Irish Old Fashioneds between 5 p.m. and 10 p.m. You should also nibble on some of the Irish food that will be on hand — Agaiinn's menu rarely disappoints.

And, please, whatever you do, refrain from irritating redheads with your dreadful opening gambits. It's not cute just because you're drunk.

Irish Stew

If you want a little more food to soak up your Guinness, try Commonwealth (1400 Irving St. NW). It'll be featuring beer and whiskey flights, along with a special corned beef and cabbage meal for \$14. It seems like a lot of money for pub food, but you'll also avoid paying a cover charge, so it evens out.

@ Comments? Give Fiona your feedback: expressnightout.com/boozeclues

Walk on the Open Road

Nashville legend John Hiatt brings wit and wisdom to his latest album

CD Review

Even if you've never heard of John Hiatt, you've no doubt heard one of his songs. With a reputation as a songwriter's songwriter, the Indiana-born, Nashville-based musi-



The Open Road
John Hiatt

cian has been covered by pretty much everyone who ever picked up a guitar.

Bonnie Raitt has a major hit with his "Are You Ready for a Thing Called Love?" the royalties of which sent Hiatt's kids to college. He's also been covered by Bob Dylan, Emmylou Harris, Roseanne Cash, Keith Urban and too many others to list. Even punk legend Iggy Pop tipped his hat Hiatt-ward when he included a typically raucous take on "Something Wild" on his 1990 album "Brick by Brick."

But arguably the best way to hear Hiatt's songs is to hear him sing them. He possesses a froggy voice, like a looser Dock Boggs or a less nasal Dylan, and especially 35 years into his career, that voice evokes miles of bad road and years of hard living that add texture and



Hiatt's songs have been covered by everyone from Bonnie Raitt to Iggy Pop, but you'll hear his own voice on "The Open Road."

"I ain't dying. I'm alive — barely. But that being said, some of these old guys are doing their best work ever."

READ THE FULL INTERVIEW AT WWW.EXPRESSNIGHTOUT.COM

truth to his lyrics.

So, while his latest, "The Open Road" (New West), is a typical Hiatt album in that it contains reliably sturdy licks and witty observations about love and regret, lust and heartache, "My Baby" is one of his randiest songs yet, as Hiatt shows off his best Elvis to

talk about a woman who "brings me coffee in her careless panties" and is "so beautiful it hurts my feelings."

By contrast, "Go Down Swingin'" and "Wonder of Love" sound like statelier, more subdued ruminations on age, bolstered by concrete details that immediate-

ly pull the listener into Hiatt's world.

Hiatt recorded the songs at his home outside Nashville, inviting his touring band to lay down track during the spring and summer of 2009. "I do like the feel of this record," Hiatt says. "I think it's good garage rock and blues, with a little touch of folk rock thrown in. I'd pay to be a member of this band." **STEPHEN N. DEUSNER**

● **Birchmere, 3701 Mount Vernon Ave., Alexandria; Mon. & Tue., 7 p.m., \$49.50; 703-549-7500.**



Weekend Box Office

Alice in Wonderland
\$62 M

Green Zone
\$14.5 M

She's Out of My League
\$9.6 M

Remember Me
\$8.3 M

Shutter Island
\$8.1 M

Our Family Wedding
\$7.6 M

Avatar
\$6.6 M

Brooklyn's Finest
\$4.3 M

Cop Out
\$4.2 M

The Crazies
\$3.7 M

Bad Girls Have Staying Power

The Runaways are in the spotlight 30 years post-breakup

Music

Formed in 1975 and defunct by '79, the Runaways are perhaps more legendary than listened to. The band of teenage misfits was assembled by showbiz entrepreneur/svengali Kim Fowley, who devised their jailbait images: tight jumpsuits and lingerie sets, lyrics about come-hither glances and flipping the bird to authority figures. They recorded a handful of great-to-adequate albums, hit it big in Japan and broke up before any of them were old enough to drink.

Even if their albums have been out of print for years, the Runaways' legacy thrives. The stuttering single "Cherry Bomb" has been endlessly anthologized on punk compilations, even if the Runaways had only a glancing association with that scene or sound. After the breakup, rhythm guitarist Joan Jett sold 10 million copies of "I Love Rock & Roll," lead guitarist Lita Ford scored two solid hair-metal hits in the mid-'80s, and Cherie Currie acted here and there.

Now, more than 30 years after



The original Runaways. Joan Jett, far left, is played by Kristen Stewart in a new film.

they parted ways, the Runaways are getting the Hollywood biopic treatment. Kristen Stewart and Dakota Fanning certainly look the part of Jett and Currie playing fierce juvenile-delinquent trash rock, but early trailers suggest director Floria Sigismondi may be over-

selling their importance, implying that fame killed the band when, in fact, they struggled more than succeeded.

Coinciding with the movie release (March 19) and its soundtrack (featuring original Runaways songs along with new versions

by Stewart and Fanning), Hip-O Select has repackaged the band's first three studio albums and 1977's "Live in Japan" onto "The Mercury Albums Anthology," which is more fun that you might expect or remember.

The progression from "The Runaways" in 1976 to "Queens of



Mercury Albums Anthology
The Runaways

Noise" in 1977 is notable: They're trying out new sounds and styles, expanding their range and squeezing themselves out from under Fowley's thumb. Unfortunately, Currie left the group that same year, and the Runaways' third album, "Wait-in' for the Night," sounds lackluster without her.

While they have influenced a wide range of female (and, no doubt, male) musicians from the Go-Gos to Courtney Love to the Donnas, the Runaways survive as much as a concept as a band. So "The Mercury Albums Anthology," despite its clunky title, is a much-needed compilation, one that complicates the legend simply by presenting the songs themselves.

STEPHEN M. DEUSNER

Mixed Media



Naughty by Nature

Melissa Febos has a unique story to tell in the memoir "Whip Smart" (\$25, Thomas Dunne), in which she writes about her former job as a dominatrix. Her hourly fee of \$75 plus tips paid for her college education — and supported her drug habit. It's hard not to be curious about the world of the dominatrix. Febos describes the job of a dominatrix in great detail, from her workplace, called "the dungeon," to various client requests. "Whip Smart" is also about what Febos learned about herself and others along the way. She writes about how her view of the job went from feeling powerful to feeling increasingly uncomfortable with bizarre fantasy roles. "Whip Smart" is a quick and easy book that reads like a gabfest with friends. **If You Like:** Skinemax, leather. **If You Don't Like:** Tell-all memoirs about people's horrible childhoods. (AP/EXPRESS)

expressnightout.com

FOR MORE UPCOMING EVENTS, FOLLOW THE TOP STOPS BLOG AT EXPRESSNIGHTOUT.COM/TOPSTOPS

1 'Canoe' Was Taken

Computer-assisted music doesn't have to be soulless.

Yacht has slowly taken its electro pop from boring to playful to full-out fantastic, with jaunty, unexpected beats and lyrics you can sing along with. **FIONA ZUBLIN (EXPRESS) Rock and Roll Hotel, 1353 H St. NE; Mon., 8:30 p.m., \$12-\$15; 202-202-388-7625, Rockandrollhoteldc.com.**



2 It's Only A Play

Terrence McNally knows all about opera. He's written three plays about opera, in fact, and they're all being produced at the Kennedy Center this spring. If you want to know why anyone would write three things about opera and no actual operas, come ask him about it in his talkback session at the Kennedy Center tonight. **F.Z. Kennedy Center, 2700 F St. NW; 7:30 p.m., \$15; 202-467-4600, Kennedy-center.org. (Foggy Bottom)**

3 Legacy of Lit

It's tough for an Irish writer. With such a pantheon of glittering literary figures — Oscar Wilde, for example — it must be

discouraging to try to add to the body of great Irish literature. Nevertheless, some people are trying. And you can meet them at Solas Nua's DC Irish Writers Festival, which ends tonight. Sadly, Oscar Wilde will not attend — on account of being dead. **F.Z. Various locations; check Solasnua.org for schedule.**



MASTER'S PROGRAMS

Open House
Thursday, March 18, 6:30 p.m.
3401 Fairfax Drive
Room 329, Arlington

- Innovative Programs
- Convenient D.C. Area Location
- World-Class Faculty
- Affordable Costs

Offering master's programs in:

- Public Policy
- Peace Operations
- International Commerce and Policy
- Organization Development and Knowledge Management
- Transportation Policy, Operations, and Logistics

To reserve your place at this session or to find out more about our programs, please visit policy.gmu.edu/admissions.

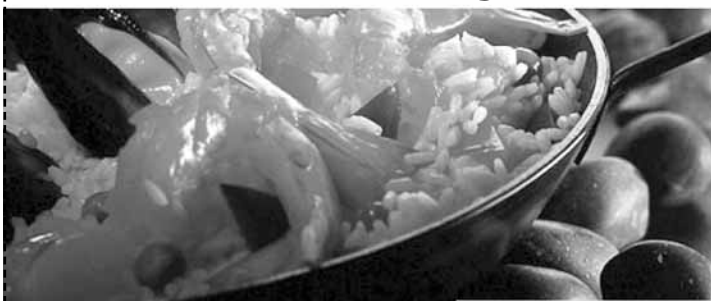


School of Public Policy

WHERE INNOVATION IS TRADITION

La Tasca
SPANISH TAPAS RESTAURANT AND BAR

50% OFF FOOD
From Sunday through Friday!



Valid through **March 31, 2010**
Arlington location only!

Simply fill out the form below and submit to La Tasca staff:

Name: _____ Email: _____ Birthday: _____

Terms and Conditions: 50% off total food purchases (excludes beverages, taxes, and gratuity). A 20% gratuity will be added to all checks prior to discount. Offer limited to parties of no more than 8 guests. Voucher may be redeemed only once and has no cash value. **Voucher may not be combined with any other offer, special menu, promotional menu, or regularly offered discounts, such as happy hour and daily specials.** Manager has the right to alter or withdraw this offer without notice.

Offer is valid at the Arlington location ONLY. Email will only be used to provide guests with information on special events and discounts at La Tasca. You may elect to unsubscribe at any time. Express ad.

For reservations, directions, or further details, please visit latascausa.com

WeekendPass makes the weekend historic.
Every Thursday in Express.

X17302x5

lookout TV tonight

Control Freak for Hire

On 'Home Rules,' Fran Harris tackles chaotic households

Reality

HGTV 9:00 HGTV gets into the self-help business with "Home Rules."

Fran Harris, a former professional basketball player and "life coach," will counsel a new family every episode and help them face — and change — the bad habits that are making a mess of their finances and family life. And if they agree to tackle their problems, they get a home makeover in return.

Her first subjects are a couple who live in an oversized home in Connecticut, blow through their income of nearly \$100,000 and have nothing but debt to show for it. For all of the trappings of an upper-middle-class McMansion lifestyle, they live like squatters. Bedrooms and bathrooms remain



Fran Harris ponders the captivating rectangle-thing at which this man is pointing.

unfinished and uninsulated, and three of their four kids sleep on the floor. But their eldest daughter rules the house like a princess, sleeping in the nicest room, refusing to do chores and attending a private high school and special skating lessons that consume a large proportion of the family's income.

Harris tries to show the clueless couple that they have their prior-

ities wrong and that they have to confront some long-simmering and unpleasant issues. In many ways, this is like "Clean House" but with much higher stakes.

Not to give too much away here, but in the end, the parents don't really bite the bullet, or to stretch a metaphor, bite it very hard. But they get a complete home makeover anyway! **KEVIN McDONOUGH** (UNITED FEATURE SYNDICATE)

Best Bets

NBC 8:00



Chuck Casey is arrested for inadvertently committing treason while carrying out a mission for Col. James Keller, his old commanding officer. Chuck (Zach Levi, left) and Sarah discover the colonel has a dark secret, so they vow to break Casey out of jail and clear his name.

CW 8:00

Life Unexpected Jones asks Lux to the winter formal, but after Baze discovers a condom in her room, he leaps to the wrong conclusion and rushes to the dance. Cate struggles with painful memories about the night Lux was conceived as she serves as chaperon.

NBC 10:00

Law & Order After a man is found guilty of a hate crime, Emily Ryan and the Innocence Collective try to get his conviction reversed. But Emily's overeager student assistant may have crossed a line.

BRAVO 10:00

Kell on Earth Under extreme stress at the office, Stefanie reaches her boiling point and approaches Kelly to discuss her workload and her future at People's Revolution. Kelly clears her schedule to spend high-quality time with daughter Ava. (TRIBUNE MEDIA)



Special



News Lite

ABC decimated its news department a few weeks back. Now the network seems intent on humiliating the surviving employees. Tonight the network will air "Inside the Bachelor: The Stories Behind the Rose" (8 p.m., ABC), a two-hour retrospective of the past season starring Jake Pavelka. What does that have to do with news? Nothing, except for the fact that it's being touted as a "20/20" special from the beleaguered news department. **K.M.**

B.I.O.

BY INVITATION ONLY: UPCOMING WEDDINGS & UNIONS



Anannya Das, Daniel Vall-Ilobera

Anannya, 28, is a senior operations analyst. Daniel, 26, is a clerk. They live in Falls Church.

- **The Main Event:** Two weddings: one informal, in San Juan, Puerto Rico on March 20; and a second, formal Indian ceremony, March 27 in Tysons Corner.
- **How They Met:** They attended the same work-related happy hour.
- **First Impressions:** "I thought he was very nice and extremely funny," Anannya says. "I thought she was

cute and funny with a gorgeous smile."

■ **First Date:** They got dinner at Legal Sea Foods and saw the movie "27 Dresses." "He actually admitted the movie 'wasn't that bad,' which I know is guy code for 'I liked it,'" says Anannya.

■ **How He Proposed:** "We went ring shopping. After we bought it, I couldn't contain myself and proposed as soon as we got home."

■ **Stupidest Fight:** Over whether Michael Phelps' marijuana use was a big deal. "Given that neither of us cares about swimming, Wheaties or Subway, this wasn't a very productive argument," says Daniel.

■ **Pet Names:** She's "Silly Lilly" and he's "BooBoo Bear."

"After we bought the ring, I couldn't contain myself. I proposed as soon as we got home."



Three Sheets to 'I Love You'

Thank goodness for ex-girlfriends and wingladies: Marissa Dondoe and Patrick Maher wouldn't be where they are today without them. Patrick's ex invited him to watch a football game at a bar with friends and co-workers, one of whom was Marissa. They clicked immediately ("I thought he was nice and had a good story," Marissa says), but he left the bar without her number. He had to ask the ex for Marissa's e-mail address. "But Marissa didn't quite remember meeting me — she was a bit drunk when we first met at the bar — and she had been on a few bad first dates." So, if not for another mutual friend's egging Marissa into saying yes to a date, they'd never be getting hitched this summer.

Marissa, 26, is an analyst. Patrick, 27, is a exercise physiologist. They live in Bethesda and will marry Aug. 28.



Lisa Egner, Alex Rein

Lisa, 24, is a lab technician. Alex, 26, is a hardware engineer. They live in D.C.

■ **The Main Event:** On July 17, they'll wed outdoors in an Asian-inspired garden in Monticello, Ill. "The wedding colors are royal blue and ivory to match my sapphire engagement ring," Lisa says.

■ **Honeymoon:** Camping out in a yurt on a private island in the Adirondacks.

■ **How They Met:** They were studying abroad in France. Alex adds: "We couldn't stand anyone else on the trip, and that brought us together."

■ **First Date:** After the official study

"We became an item somewhere between Marseilles and Venice."

abroad program ended, they decided to vacation together in Europe. "We became an item somewhere between Marseilles and Venice," Lisa says.

■ **How He Proposed:** On a weekend trip to Shenandoah National Park, when, picnicking under a waterfall, he popped the question.

■ **Stupidest Fight:** "Once, I stormed out of Whole Foods because he was taking too long at the granola bins."

■ **When She Knew:** When they adopted a kitten together. "It made me feel like we were a family."

■ **Making It Unique:** Since Lisa is a belly dancer, she plans to "bust out a few shimmies" during the reception.

Monya Hudsick, Jose Luis Obando

Monya, 29, is a Whole Foods team member. Jose, 31, is a plumber. They will live in Wheaton.

- **The Main Event:** They're tying the knot in Silver Spring on March 20, with 100 family members and friends there. Monya's aunt will be the cantor.
- **How They Met:** At Whole Foods, where they both worked.
- **First Impressions:** "I saw Monya,

and I knew I wanted to talk to her. But being the new guy, I was nervous to go right up to her. So, I would bring customers over so she could help us look for things in the store." "He and I shared a moment at the end of aisle two where truffles were being sampled, and I knew this was my green light to ask him to take a break with me."

■ **First Date:** "After several months of 'Whole Foods dating,' we finally got up the cour-



age to spend time together outside Whole Foods," Jose Luis said. They got pizza and viewed the cherry blossoms.

■ **How She Proposed:** He always spoke fondly of a Swiss army watch he had lost, so she gave him a watch engraved with the words, "Te amo until the end of time."

■ **Making It Unique:** The tables at the wedding are named after Whole Foods aisles ("the Grocery Table, Wine Table") in honor of how they met.

Getting Married? If you'd like to see your wedding or commitment ceremony in B.I.O., send your favorite informal photograph (wacky is fine, but please don't send a formal engagement shot), plus your names and ceremony date to weddings@readexpress.com. Please contact us at least one month before your wedding. We'll get back to you with questions.



Poll Center

Today's Question

SHOULD POLICE FORCES
SELL SEIZED WEAPONS AS A
WAY TO RAISE MONEY?

VOTE AT EXPRESSNIGHTOUT.COM OR
TEXT A FOR YES OR B FOR NO TO 98999

Yesterday's Results

SHOULD THE NCAA MEN'S
BASKETBALL TOURNAMENT
EXPAND TO A 96-TEAM FIELD?



"Absolutely not! There are already 33 teams too many in the tournament! The only teams that should be playing are conference winners and top 25 teams."

COMMENTER KEVIN

"I'm glad the NCAA is going to extend the basketball tournament when it can't seem to manage to find a way to have a football playoff like every other college division. Could it have something to do with money?"

AN ANONYMOUS COMMENTER

SEE HOW YOUR METRO STATION VOTED
AT WWW.EXPRESSNIGHTOUT.COM



**"Even if it is not a
propaganda arm or a
gimmick, the Coffee Party is
a response to the Tea Party,
and therein lies the problem.
In terms of where we as
liberals need to be focusing
our response, the Tea Party
is neither here nor there."**

— RIVERDAUGHTER.WORDPRESS.COM
FINDS THE COFFEE PARTY MOVEMENT, WHICH
KICKED OFF SATURDAY, TO BE A RATHER LAME
POLITICAL MOVEMENT.

**"To say that this is practi-
cally Jason Bourne in a
military uniform wouldn't
be too far-fetched."**

— RAMASCREEN.COM THOUGHT THE NEW FILM "THE GREEN
ZONE" — STARRING MATT DAMON — WAS IMAGINATIVE BUT
NOT VERY IMPRESSIVE.



**"We had a feeling Lady Gaga had
some geek mixed with the glitter in
her veins, and now, thanks to her new
music video with Beyonce, it's pretty
clear that she digs 'Star Wars.'"**

— STARWARSBLOG.STARWARS.COM WAS IMPRESSED WITH THE POP SINGER'S REFERENCES TO
THE MOVIE IN HER LATEST VIDEO, "TELEPHONE."



"PETE SAMPRAS and Andre Agassi probably have a better rivalry in retirement than anyone on the ATP. Awwwwwkward."

— THEBIGLEAD.COM THOUGHT THE EXCHANGE
BETWEEN THE TWO TENNIS STARS AT A CHAR-
ITY EVENT IN INDIAN WELLS, CALIF., OVER THE
WEEKEND WAS RATHER ODD. SAMPRAS IMITAT-
ED AGASSI'S PIGEON-TOED WALK, AND AGASSI
RIBBED SAMPRAS FOR ALLEGEDLY BEING A
CHEAPSKATE.

Make the Smart Choice

- Advanced Culinary Arts AAS
- Baking & Pastry AAS
- Hotel & Restaurant Managment AAS
- Hospitality Management BA

Our program of Culinary Arts and Hospitality is recognized as one of the nation's best!

- Career Placement Assistance
- Flexible Hours • Open Enrollment
- Concentrated Personalized Study

stratford.edu

Falls Church Campus at Tysons Corner / 1.800.444.0804 ■ Woodbridge Campus at Potomac Mills / 1.888.546.1250



puzzles lookout

Horoscope

PISCES (Feb. 19-March 20) You're likely to see through any attempts to mislead or deceive you, so you'll have a leg up on most occasions.

ARIES (March 21-April 19) It's a game of give-and-take, and it's your turn to give. Fortunately, you're well prepared to do more than expected.

TAURUS (April 20-May 20) What you learn from others can be put to use almost immediately. Interactions may be colored by a change in your expectations.

GEMINI (May 21-June 20) You're likely to be surprised by another's candor. There is no reason to shrink from this situation; answer truth for truth.

CANCER (June 21-July 22) You may find yourself embroiled in a situation that demands more from you than even a recent challenge. Was this of your own making?

LEO (July 23-Aug. 22) You'll be playing a supporting role, but the focus is likely to be on you nonetheless. The help you offer makes a big difference.

VIRGO (Aug. 23-Sept. 22) You'll feel your energy rising, and your eagerness to excel increasing as well. You may not be seeing yourself through the proper lens.

LIBRA (Sept. 23-Oct. 22) Limitations that you are facing can be lifted, but that can happen only under the right circumstances. Progress needn't be thwarted at this time.

SCORPIO (Oct. 23-Nov. 21) You're sure to be attracted to novelty of all kinds — and as a result you may find yourself straying from an unhealthy course.

SAGITTARIUS (Nov. 22-Dec. 21) Resist the temptation to fall into the pattern of behavior demonstrated by those around you. You can rise above the crowd.

CAPRICORN (Dec. 22-Jan. 19) You have been playing it safe for a while, and you can put more on the line — and receive much more as a result.

AQUARIUS (Jan. 20-Feb. 18) You won't be able to keep the truth from that certain someone who knows you better than you know yourself.

Scrabble Grams

PAR SCORE 145-155, BEST SCORE 203

A ₁	E ₁	O ₁	L ₁	H ₄	P ₃	C ₃

--

 RACK 1

E ₁	E ₁	I ₁	S ₁	M ₃	H ₄	C ₃

--

 RACK 2

Double Word Score

E ₁	U ₁	L ₁	H ₄	N ₁	S ₁	L ₁

--

 RACK 3

A ₁	E ₁	O ₁	D ₂	L ₁	D ₂	T ₁

--

 RACK 4

3rd Letter Triple

Friday's Solution

S ₁	A ₁	P ₃	W ₄	O ₁	O ₁	D ₂	RACK 1 =	63
M ₃	E ₁	L ₁	O ₁	D ₂	I ₁	C ₃	RACK 2 =	74
A ₁	R ₁	C ₃	H ₄	E ₁	R ₁	Y ₄	RACK 3 =	67
V ₄	I ₁	S ₁	C ₃	O ₁	U ₁	S ₁	RACK 4 =	62
PAR SCORE 205-215							TOTAL	266

FOUR RACK TOTAL

Make a 2-7 letter word from the letters in each row. Add points of each word using scoring directions at right. 7-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

DIFFICULT

9		5						3
					1	6		7
			3	5		2		9
		1			4		2	
			5		6			
	2		9			4		
5		8		4	7			
1		4	6					
	3					7		6

Friday's Solution

6	7	8	5	9	3	2	4	1
5	9	3	1	4	2	7	8	6
4	1	2	6	7	8	3	5	9
1	6	5	9	3	7	8	2	4
8	2	9	4	1	5	6	3	7
3	4	7	2	8	6	1	9	5
7	5	1	8	2	4	9	6	3
9	8	4	3	6	1	5	7	2
2	3	6	7	5	9	4	1	8

Need more Sudoku? Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

© PUZZLES BY PAPPOCOM

Comics

FIND MORE COMICS AT EXPRESSNIGHTOUT.COM

POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast



51 | 38

Today: Windy today with a stray shower. Cloudy most of the time tonight.



57 | 41

Tomorrow: Clouds yielding to some sun tomorrow. Clear tomorrow night.

Looking Ahead



WED

58 | 42



THU

65 | 44



FRI

65 | 45

Sun and Moon

Sunrise today: 7:20 a.m.

Sunset today: 7:15 p.m.

Moonrise today: 6:53 a.m.

Moonset today: 7:23 p.m.

Almanac

Normal high: 55

Record high: 86

Normal low: 37

Record low: 13

FORECAST BY ACCUWEATHER.COM ©2009

lookout puzzles

Crossword

GET COMFORTABLE

ACROSS

- 1 Actress West of old films
- 4 Nebraska hub
- 9 Acapulco abode
- 13 "Stalag 17" denizens
- 14 1760-yard racer
- 15 "Roger, ____ and out!"
- 16 Noteworthy historical periods
- 17 It has a ring to it
- 19 Credo for a dieter or trucker
- 21 "Now ____ seen everything!"
- 22 Kentucky college town
- 23 Hint of hue
- 27 Soldier's helmet, in slang
- 29 Pre-rehearsal job
- 31 Abates
- 32 Words of comprehension
- 33 Annoy
- 34 Stays and gets comfortable
- 39 "To a ..." poem
- 42 Mason's brick carrier
- 43 Chinese fruit (var.)
- 47 Mother's "maybe"
- 50 Suction device
- 51 Acclaim
- 52 Former Turkish official
- 55 Down-under bird
- 56 "Sit!"
- 59 Gossip
- 62 Devoid of a cover
- 63 Thermometer type
- 64 Unblinking look
- 65 Smaller in degree
- 66 Wire service output
- 67 Rains hard
- 68 Explosive initials

DOWN

- 1 Traditional region in the Czech Republic
- 2 Comes to
- 3 Basic Latin verb

	1	2	3		4	5	6	7	8		9	10	11	12
13						14					15			
16						17					18			
19					20									
21					22						23		24	25
27				28					29	30				
31							32					33		
					34		35	36			37	38		
39	40	41				42					43		44	45
47				48	49					50				
51							52	53	54			55		
					56		57					58		
59	60	61										62		
63						64						65		
66						67						68		

EDITED BY TIMOTHY E. PARKER

- 4 Food that may be folded
- 5 15-year-old, legally
- 6 Bottom-of-the-food-chain organisms
- 7 Pain in the brain
- 8 Jason's vessel
- 9 Candy containing a fruit or nut
- 10 "Hail," to Ovid
- 11 Title for McCain (abbr.)
- 12 MOMA offering
- 13 Garment size
- 18 Salamanders, early on
- 20 Lower in reputation
- 24 Writer's fine pont?
- 25 Animal with a silent first letter
- 26 Breakfast breakable
- 28 Males

- 30 Jesus' mount, in John
- 32 Venerable
- 35 ____ Who
- 36 Shoe reinforcement
- 37 Pelvic bone-related
- 38 "____/Tuck"
- 39 Be a debtor
- 40 New Year's Eve ends it (abbr.)
- 41 Building add-on
- 44 Depreciate
- 45 Most cozy
- 46 Buries in a tomb
- 48 Places for pins
- 49 Almost-finished cigar
- 50 Stock exchanges
- 53 Surrounding glows
- 54 Variety of whale
- 57 "____ we forget"

- 58 "Remington Steele" character Laura
- 59 32,000 ounces
- 60 "... how I wonder what you ____"
- 61 Barrister's field

Friday's Solution

1	B	A	S	H	6	U	N	S	E	T	11	M	E	M	O
2	O	L	E	O	7	P	O	A	C	H	12	A	G	O	G
3	M	O	A	T	8	S	O	T	H	O	13	N	A	M	E
4	B	E	T	9	W	E	E	N	Y	O	14	A	N	D	M
5	G	R	A	10	A	L	T	E	R	15	M	E	S	A	S
6	L	I	M	11	A	R	O	N	16	T	A	M			
7	O	V	E	12	H	I	L	L	A	N	D	17	D	A	L
8	B	E	N	13	U	R	B	A	N	18	R	U	E	S	
9	A	M	E	14	S					19	K	E	T	C	H
10	D	I	E	15	G	O	S	T	I	20	A				
11	U	N	D	16	E	R	21	O	C	K	A	N	22	D	K
12	S	A	W	17	N	I	N	T	E	R	23	F	I	R	E
13	K	N	I	18	T	S	T	E	E	R	24	U	L	N	A
14	S	E	N	19	S	P	O	T	T	Y	25	L	O	S	S

Today in History

- 1493 Christopher Columbus returns to Spain, concluding his first voyage to the Western Hemisphere.
- 1820 Maine becomes the 23rd state.
- 1913 President Woodrow Wilson meets with reporters for what's been described as the first presidential press conference.

express



Published by Express Publications LLC
1150 15th St. NW, Washington, DC 20071
A Subsidiary of The Washington Post Co.

Editorial: 202-334-6800
Fax: 202-334-9777
Circulation: 202-334-6992
Advertising: 202-334-6732
or ads@readexpress.com
Classifieds: 202-334-6200

EXPRESS STAFF: PUBLISHER—CHRISTOPHER MA | GENERAL MANAGER—ARNIE APPLEBAUM
EDITOR—DAN CACCAVARO | WEB EDITOR—GREG BARBER | ART DIRECTOR—SCOTT MCCARTHY
ASSISTANT MANAGING EDITORS—HOLLY J. MORRIS, MATT SWENSON | ARTS EDITOR—ARION
BERGER | FEATURES EDITOR—JENNIFER BARGER | SECTION EDITORS—KATIE ABERBACH, KARMAH
ELMUSA, VICKY HALLETT, BETSY LOWTHER, CHRISTOPHER PORTER, DUSTIN WEAVER, DARONA
WILLIAMS, CLINTON YATES, FIONA ZUBLIN | ASSOCIATE ART DIRECTOR—ALYCE JONES | EDITORIAL
DESIGN—MARCIA HARDER, ERNIE SMITH | COPY CHIEF—AIMEE GOODWIN | PRODUCTION SUPER-
VISOR—MATTHEW LIDDI | PHOTOGRAPHER—MARGEELY | EDITORIAL ASSISTANT—RUDIGREENBERG

It's Peeps® week!

at The Washington Post

Family Day • Peeps® Pavilion • Happy Hour

Shake your tail feathers over to The Washington Post to help us celebrate our fourth annual celebration of creativity and the manipulation of marshmallow candy, the Peeps® Diorama Contest!

Join us for Happy Hour!

Happy Hour
Tuesday, March 23
6:00 p.m. - 8:00 p.m.

The Washington Post
1150 15th Street NW
Washington, D.C.

Admission: \$20

Many of the top entries in the Peeps® Diorama contest will be on display.

Specialty cocktails mixed by PS 7's Gina Chersevani.

Hors d'oeuvres by PS 7's Peter Smith.

For details and to R.S.V.P. visit:
washingtonpost.com/postfun

Diorama entries and other art availability dependent on artists.

The Washington Post

If you don't get it, you don't get it.

washingtonpost.com/postfun

Alcohol will only be served to adults 21+ with government-issued identification.



PHOTOS

Please Enjoy This Giant Pic of Joy Behar's Head

Joy Behar, Cynthia Nixon and the series "Brothers & Sisters" are among this year's recipients of media awards from the Gay and Lesbian Alliance Against Defamation. Presented Saturday in New York, winners of the 21st Annual GLAAD Media Awards also include the sitcom "Parks and Recreation," "The Rachel Maddow Show" and the Lifetime network film "Prayers for Bobby." (AP)



COURTESY AETN. L. PIER WEYMAN/AP



YOUNG LOVE

'Perfect' Doesn't Unreasonably Raise Expectations AT ALL

Demi Lovato, star of the Disney Channel's "Sonny With a Chance," revealed on Friday that she and Joe Jonas are a couple. "Yeah, he is my best friend, and he is incredible," she said on "The Billy Bush Show." Lovato also called Jonas a "complete gentleman" and "perfect." The pair met on the set of "Camp Rock" in 2007 and recently recorded a duet, "Make a Wave." (EXPRESS)

"If I had two difficult kids, I wouldn't send them away and ask for new kids."



— KATE GOSSELIN, WHO IS ALLOWING THE FAMILY'S TWO DOGS TO RETURN HOME. GOSSELIN SENT THE GERMAN SHEPHERDS, SHOKA AND NALA, AWAY LAST YEAR.

CEREMONIES

Aid for Corey's Family

Corey Haim's funeral, planned for Tuesday, will be paid for by the city of Toronto, the actor's hometown and, now, his final resting place, "Access Hollywood" reported. City officials had no comment. Also chipping in is Startifacts.com, a celebrity memorabilia site that has offered \$20,000 to pay for Haim's tombstone and other expenses. Haim had very little money when he died, sources say. (EXPRESS)

Stunt Casting

**Heidi Montag Acquired as Prop**

Heidi Montag has landed a cameo appearance in "Just Go With It," a 2011 comedy starring Adam Sandler, Jennifer Aniston and Nicole Kidman, Usmagazine.com reported. "It's a new day, a new beginning ... memorizing my script for the feature comedy movie I am filming all next week," she posted on her Twitter page. (EXPRESS)

FERTILITY

Actress Wastes Valuable Child-Bearing Months

Jennifer Love Hewitt and Jamie Kennedy have split after dating for one year, People.com reported. A source told People that there was no infidelity or drama: "It wasn't contentious. It had kind of just run its course. ... They just sort of looked at each other and said, 'We like each other and we make each other laugh, but this isn't for the long-term.'" (EXPRESS)



FREDERICK M. BROWN/GETTY IMAGES

We have no doubt this was "amicable" and they'll remain "very good friends."

Secure Your Future With a Degree in ACCOUNTING

Make the smart choice for a bright future by enrolling today!

- FLEXIBLE HOURS
- CONCENTRATED PERSONALIZED STUDY
- CAREER PLACEMENT ASSISTANCE
- OPEN ENROLLMENT

- BACHELOR OF SCIENCE IN ACCOUNTS
- CERTIFIED PUBLIC ACCOUNTANT (CPA)
- CERTIFIED MANAGERIAL ACCOUNTANT (CMA)
- ACCREDITED BUSINESS ACCOUNTANT (ABA)
- CERTIFIED INTERNAL AUDITOR (CIA)

stratford.edu

Falls Church Campus at Tyson's Corner - 1.800.444.0804

Woodbridge Campus at Potomac Mills - 1.888.546.1250



Stratford
UNIVERSITY



STORIES OF STRENGTH



KIM BEFORE

- 195 lbs
- Type II Diabetes
- Easily Exhausted
- GOAL: To Beat Diabetes & Get Healthy



KIM AFTER

- 29.8 lbs lighter
- Off Diabetes Medication
- More Energy
- GOAL: Complete the 63 Mile Tour de Cure Cycling Event.

For more information on fighting diabetes with fitness and the Tour de Cure, visit goldsgym.com/ada.

a proud sponsor

 American Diabetes Association
Tour de Cure 2010

KNOW YOUR OWN STRENGTH™

